

HIANG conducts first 15 AW C-17air refueling

by Staff Sgt.
Betty J. Squatrito-Martin

When opportunity knocks, open the door. That is what the 15th Airlift Wing's new 535th Airlift Squadron did when news that a C-17 from South Carolina would be passing through PACAF in June.

The C-17 aircraft is scheduled to make Hickam Air Force Base its home in Jan. 2006. Its mission is scheduled to be a joint operation between the 15 AW and the Hawaii Air National Guard.

As the clock ticks toward the opening curtain, the C-17 family seeks opportunities for training. Therefore, when word that a C-17 from South Carolina would be spending time at Hickam, the 535 AS proceeded to make arrangements to borrow the aircraft and use it for training.

The steps taken by the 535 AS made it possible for the 535 AS and the HIANG's new 204 Airlift Squadron C-17 aircrews along with the HIANG's KC-135 aircrews from the 203rd Air Refueling Squadron to



USAF photo by Tech. Sgt. Shane A. Cuomo

A C-17 Globemaster from the 437th Airlift Wing, Charleston Air Force Base, Charleston S.C. on loan to the 15th Airlift Wing, Hickam Air Force Base, Hawaii approaches a KC-135 Stratotanker from the 203rd Air Refueling Squadron, 154th Wing, Hawaii Air National Guard to practice air to air refueling.

perform their first local air refueling training mission aboard the C-17.

"This is another first for the Hawaii Air National Guard, with more to come during the stand up of the new Hickam based C-17 associate unit," said Lt. Col. William Benton, commander of the 203 ARS.

The aircrews from the HIANG's 204 AS and the 535 AS along with the 203 ARS spent two hours practicing aerial refueling at 20,000 feet in the southern warning airspace near Oahu.

Nine air refueling contacts were accomplished and both aircraft recovered back to Hickam.

Student Flight prepares new enlistees for HIANG careers

by Staff Sgt. Betty J. Squatrito-Martin

People who have raised their right hand and sworn to uphold and defend the Constitution of the United States are taking a huge leap into the world of the unknown. The decision to enlist in the military is often accompanied by a long list of questions that often go unanswered. This does not always bode well for the success of the individual. In an effort to alleviate some confusion for new recruits, the Hawaii Air National Guard has formed a Student Flight.

According to 1st Lt. Matthew Masuyama, HIANG student flight commander, the Student Flight is designed to prepare enlistees for success at Basic Training and



photo by Senior Airman Laurence Bejerana

see Student Flight p 4

Student Flight practices perfecting the salute during UTA



Commander's Call: Relevant, Ready, Reliable

by Brig. Gen.
Peter S. "Skipper" Pawling,
Commander 154 WG

The citizen-airman is crucial in today's military structure and will become even more so in the future. The congressionally mandated BRAC process has proven our **Relevancy** as an organization; we can rest assured of our current mis-

sions remaining intact. Now we shift our focus in continuing as a **Ready** organization when called upon and a **Reliable** organization in getting the job done. As we move into the new fiscal year, the role of the 154th Wing, as a member of the Total Force and an equal partner with the Active Duty, will become more important. The arrival of the C-17s and our October joint IRRE with 15th Airlift Wing will truly begin to epitomize the term "Team Hickam."

UPDATES:

154th Wing Tactical Plan is the wing's objective in fulfilling Air National Guard's Vanguard Strategic Vision, and it establishes wing goals based on our mission, facilities, people, leadership, training, equipment and our community. The next step is for units to develop strategies in meeting these goals. On a very positive note, many of our units are already doing this, articulating it on paper in a unit action plan being the final product.

Unit Compliance Inspection slated for November 2006, may shift to 13 – 17 November 2006. There are new faces on the IG Team from what we saw during the last Operational Readiness Inspection. Commanders and program managers are highly encouraged to begin establishing new contacts with your IG functional managers, and eliminating any doubts and mis-

see commander p 7

First Sergeant Comments on Student Flight's role

by Master Sgt. Howard Naone, 154 MSG

Initiated in June 2005, the Hawaii Air National Guard Student Flight provides clear, consistent instruction needed to prepare new airmen for Basic Military Training, Tech School and their duty assignment. These airmen get a "big picture" view of the HIANG mission as it relates to U.S. military policy.

Utilizing a four month training cycle, the flight provides education about U.S. Air Force and Hawaii Air National Guard history to new airmen, surviving BMT, leadership expectations and many other mission readiness topics.

Scheduled into their activities are visits to their respective functional areas. Flight members interact with their work center supervisors/trainers and are able to complete their initial Air Force Specialty Code re-

quirements. It also allows a better understanding of their part of the HIANG mission.

A comprehensive introductory physical fitness program is initiated to better prepare the airman for the rigors of BMT and promoting a lifestyle of good health and fitness. With many of our newest airmen, the road to better health and fitness needs to begin today. The time to be "Fit to Fight" starts now.

HIANG leadership recognizes the importance of the Student Flight by providing excellent speakers, motivated instructors, the latest instructional materials/methods, and the best facilities.



photo by Senior Airman Laurence Bejerana

Student Flight gathers for training instruction.

As one of the featured speakers, the HIANG First Sergeants are

tasked to present the proper mindset and preparation not only for BMT, but also for the rest of their careers.

As with all of our program managers and facilitators, the pride and dedication that is displayed is truly "Launa Ole."

I am a First Sergeant. My job is people — Everyone is my Business. HUA!

Kuka'ilimoku

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Recognition: It's all about taking care of people

by Command Chief Denise Jelinski-Hall, 154 WG

The Hawaii Air National Guard leaves a legacy of excellence everywhere it goes. Throughout the world, regardless of the conditions, the HIANG is known for getting the mission done. There are challenges big and small, but they have never stopped the HIANG from flying, fixing planes, providing communication or defending our homeland.

Whenever asked, the HIANG is there, ready, reliable and relevant. Our missions are solid with many new opportunities on the horizon. People, our most important asset, will continue to be stretched and asked to do more with less.

We ask our Guardsmen to deploy on AEF's, support exercises and leave their family. As supervisors and commanders, it is important to take a moment and reflect on how we are taking care of our people. Appreciation for a job-well-done goes a long way. Recognition comes in many forms; a pat-on-the-back, praise

in front of peers and subordinates, letters and certificates of appreciation, and last but not least, a military decoration.

The HIANG Decorations Program is alive and well! There are a few more improvements to make; however, the changes in no way preclude initiators from submitting decoration packages. Thanks to our Communications Flight, we have a new web site to assist in submitting decoration packages. On the site you will find writing tools, examples, templates, instruction guidance and resource links. To access the site go to: <https://hihickrh/sites/ad/default.aspx>. Now it is up to us. Let's take the time to recognize our people for their accomplishments and years of dedicated service. Mission First - People Always!

I want to express my appreciation and thank the team for their many contributions to the HIANG Decoration Program update. In the end it is all about taking care of our people!

Chaplain's Corner: Relationships' danger signs

by Lt Col Robert K Nagamine,
Chaplain, 154 WG

I had the wonderful opportunity to receive training as an instructor on the Prevention and Relationship Enhancement Program in June. I learned many things to help couples in their marriages.

PREP training is designed to share over 30 years of insightful research to help marriages and relationships.

I want to share four danger signs/actions contributing to hurting relationships. I am sharing this because we need to avoid these dangerous actions. Instead, we must nurture our marriages, including our working relationships in the Hawaii Air National Guard.

The first danger sign/action is escalation. Whenever there is a disagreement or miscommunication, we can either escalate the tension or deescalate the tension. Of course, we need to deescalate the tension and attempt to communicate our feelings and intentions carefully. In our fast paced world, we need to make time to communicate effectively and spend time talking one on one.

The second danger sign/action is invalidation. Invalidation, whether intentional or not, simply put is communicating the idea of looking down on someone by body language or words. We must be careful to avoid communicating "put downs."

Research has revealed that it takes at least 15 good actions to make up for one negative word or action. That means that one bad word or action can do a lot of damage. In addition, even if someone is forgiven, the saying seems ever true: one can forgive but not forget.

Instead of invalidation, we need to validate people, especially those whom we love. To validate is to tell them by words and actions that we value them and that they have much to offer the relationship. Be positive, uplifting and nurturing.

The third danger sign/action is negative interpretation. Negative interpretation is interpreting a person's words or actions as having bad intent.

We must give our loved ones the benefit of the doubt. Who really knows the desires of another person's heart? Someone once said that we judge people by their actions

but judge ourselves by our intentions. There are enough people who have good intentions but lack the ability to express them. Let's give them the benefit of the doubt.

The fourth danger sign/action is withdrawal. Withdrawal is when someone drifts away and no longer appears to be interested in the relationship. People need to feel included.

Researchers discovered that men tend to withdraw more than women. When a person withdraws, he/she is no longer an active participant in the relationship. Try not to insist on your way too much because some people will give up on a relationship. "Giving in and giving up" is not a good answer to the relationship.

When someone is withdrawing and drifting away, see how you can reel them back in by including them. Be considerate of their hopes and dreams. May the Lord guide your every step and may He bless your marriage, friends and co-workers.



Student Flight

in their Hawaii Air National Guard careers.

"Our mission is to not only decrease failures from Basic Military Training and tech school, but to produce outstanding honor graduates who represent the HIANG. These new members are our next generation, our best recruits, and our best resources," said Masuyama.

Student Flight consists of enlisted personnel who are awaiting BMT or recent BMT graduates awaiting technical training school.

Members assigned to Student Flight, who are assigned to units located on Hickam Air

Force Base report for duty in Building 1045 at 7 a.m. Saturday, the first day of Unit Training Assembly. Eventually they are released to their units for training.

Students report back to building 1045 for physical training at 2 p.m.

Students assigned to units not located on Hickam Air Force Base report to their respective unit locations and then return to Hickam for PT at 2 p.m.

Students are released for the day at 3:30 p.m.



photo by Senior Airman Laurence Berejana

Student Flight works on stretching their deltoids during PT

204 AS crew in Iraq gets Egyptian break

by Master Sgt. Eric Daido, 204 AS

More and more Hawaii Air National Guard airmen are finding themselves deploying in support of Operation Iraqi Freedom and Operation Enduring Freedom.

Tech. Sgt. Lester Hirano, members of the 204th Airlift Squadron and I have been taking part in these operations. The 204 AS has been in the middle of converting from the C-130 to the new C-17.

As part of the conversion

training, Master Sgt. Eric Daido along with members Tech. Sgt. Lester Hirano in Iraq in June. have been

flying missions with the active duty. Because of the conversion, the unit is split between aircrew members still flying the C-130 and other aircrew members flying the C-17.

Hawaii's C-17s are currently being built and the first aircraft is due to arrive at Hickam Air Force Base in early 2006.

Hirano and I, both newly qualified C-17 loadmasters and former C-

130 crew members, spent three weeks with the 62nd Airlift Wing flying missions in and out of Iraq. The missions were long and tiresome, but it gave us a really good training platform.

The highlight of the mission was a surprise visit to Egypt, where the crew received a day off and toured Cairo and the Pyramids. We were surprised when we were alerted and the operations officer gave us our mission to Egypt. Climbing on the pyramids and seeing the Sphinx in person was awesome. We really lucked out, most crews are flying double

shuttles into Iraq and here we were riding camels and climbing pyramids!

Hirano, a city building inspector, and I, a state firefighter, flew a total of six combat sorties in Iraq. "It was the first time in my flying career that I was running the combat entry checklist and putting on my body armor for real. It was

a bit unnerving but falling back on my training, I was confident in my actions," said Hirano.

We were proud to serve our country and represent Hawaii in the Middle East. You feel that you are a part of something. We were helping with the war effort and not just watching it from the sidelines.

Other 204 AS members have also flown or are flying into Iraq and Afghanistan.

The 204 AS has a rich history of representing the HIANG and the U. S. Air Force around the world. The new mission and the new aircraft will carry the 204 AS proudly into the future.



Courtesy photo



photo by Tech. Sgt. Lester Hirano

Master Sgt. Eric Daido takes a camel ride along the ancient Egyptian Pyramids

HIANG first in ANG to complete F-15 re-engine

by Senior Master Sgt.
John S. K. Chun, 154 MXS

Another successful chapter has been written into the Hawaii Air National Guard history book. The HIANG's 154th Wing became the first unit in the Air National Guard to complete the engine conversion of their F-15 fighters on May 10, 2005.

The official scheduled start date of the F-15 re-engine was October 2002; however, ANG functional managers requested the conversion be accelerated to July 2002.

Almost three years to the month, the 154 WG completed the re-engining of its F-15 fighter fleet by removing the older F100-PW-100 engines and installing the newer more powerful F100-PW-220 engines.

The -220 engines provide pilots with increased thrust, stall free engine operation, unrestricted throttle movement and lightening quick acceleration. Other enhancements are automatic thrust retention and engine trimming, reduced scheduled maintenance, and

and reconfiguring F-16 engines to be usable in a F-15 application. This modification took an average of three days of double shifts. Functional and operational test-



photo by Tech. Sgt. Kristen Higgins

HIANG members configure new 220-engine on F-15.

ing to make sure everything worked took another day or two. Finally, there was a post-test inspection and final dress of another two-three days before the engine was installed.

Here are just some of the highlights. In October 2002 sixteen engines arrived on station to begin the conversion - but wait there's a Unit Compliance Inspection Re-Look taking place. On the last day of the UCI, Senior Master Sgts. John Wahinekapu and John Chun along with Master Sgt. Luika Lum jumped on an airplane to go to Portland, Ore. for the first re-engine meeting.

In April of 2003, Senior Master Sgt. John Chun and Master Sgt. Gay Ross traveled to Jacksonville, Fla., to give briefings on what to expect when setting up a CAMS/CEMS database, technical manuals and equipment. Basically, their job was to get the Jacksonville unit started on their scheduled engine upgrade, which began in October 2003.

In April of 2003, Chun and Ross journeyed to Portland, Ore., to give briefings to the 142nd Fighter Wing for their start-up.



photo by Senior Master Sgt. John S.K. Chun

Boeing Representative Bob Rice listens as Maj. Christopher Faurot described the performance of the 220 equipped F-15, flown by Maj. John Traettino. (background)

Finally, in January/February of 2005 the 154th Wing deployed to Thailand, for Cope Tiger with F-15s 100 percent equipped with -220 Pratt & Whitney engines. The engines arrived in Thailand trouble free and returned home the same way...trouble free; thus, alleviating previous concerns.



photo by Tech. Sgt. Kristen Higgins

HIANG members responsible for F-15 engine upgrade

digital data downloading.

The engine conversion began in July of 2002 when the 154 WG answered with a resounding, "Yes, let's do it!" when asked if it was ready to be the first in the ANG to re-engine the F-15 with -220 engines.

The 154 WG was given the green light to begin ordering bench stock, equipment, technical manuals, tools and to get field training set up as soon as possible.

One of the biggest challenges was that no other flying unit in the Air Force, Guard, or Reserves had flown F-15 A/B models installed with -220 engines. Only the test unit at Edwards Air Force Base, Calif., had flown an "A" model F-15 with -220 engines installed, which left the mechanics with several concerns, including whether or not the airframe could hold up to the increased thrust, and how the pilots would react to the new engine.

Furthermore, the engine mechanics were challenged with maintaining two different engine types

News briefs

TA deadline approaches

The State Tuition Assistance application for the Fall 2005 semester is now available. The registration receipt and a copy of a current Leave and Earnings statement are required. Graduate programs are included, and commissioned officer's may now apply. The deadline for the fall semester is Sunday Sept 11, 2005.

Medical forms update

There must be a current Department of Defense form 2813 must be on file with the Dental Clinic by the end of your birth month. If a current DD form 2813 is not on file, members will be profiled, which means they will not qualify for worldwide deployment nor will they be allowed to perform drill.

The same applies for physicals. One month prior to a member's birth month, the medical history questionnaire Standard Form 507 must be completed and submitted to the medical group.

The dental and physical forms apply to non-flyers only.

Immunization update

Members who have completed shots outside the Hawaii Air National Guard should provide their shot records to the 154th Medical Group for updating. Immunization requirements can be accomplished Sundays during drill from 8a.m. to 2 p.m.

PT gear required

Report to physicals, short or long in personal physical training gear. Air Force issued PT gear is not required for physicals; however, when deploying, the gaining command requires Air Force issued PT gear for physical training.

Expired base decals

A recent audit from the 15th Security Forces Squadron revealed that well over 400 base decals issued to current, retired and former members of the Hawaii Air National Guard have expired. Ensure vehicle decals are current. If a decal has expired, return it to the 154th Security Forces Squadron.

Pending changes to fitness assessemnt

There are pending updates to AFI 10-248 (fitness assessment) which calls for body composition to be measured by using body mass index in addition to the abdominal circumference, a new table for the running portion of the test that takes elevation into account, and a change in the number of days an Airman must wait before retesting after having scored in the marginal category.

Pinning on Colonel



photo by Tech. Sgt. Kristen Higgins

Brig. Gen. Peter "Skipper" Pawling administers oath of office to newly pinned Col. Joseph Kim



photo by Tech. Sgt. Kristen Higgins

Maj. Sharnell Valeho and now Maj. Gen. Darryll Wong pin colonel insignia on Col. Ann Greenlee

Information awareness

According to Senior Master Sgt. Holly A. Dye, Air National Guard liaison, Hawaii Air National Guard members slated to attend technical training must complete information awareness training. Members must bring a copy of their certificate of completion for information awareness to their technical schools. Those members who do not have their certificate of completion will have to complete information awareness training upon arrival to school.

Bracelets for cause

The POW/MIA bracelet is the only "cause" bracelet authorized for wear while in uniform.

OPSEC reminder

Cell phones and or PDAs should not be in areas where sensitive or classified information is being discussed.

First Sgt. opening

The 169 ACWS needs a First Sergeant. Applicants must be in the grade of Master Sgt. or Tech. Sgt. eligible for immediate promotion to Master Sgt. Submit application packages to: Command Chief Master Sgt. Kent Billings, HIANG CCM, by close of business, Sept. 9.

Security Forces deploy in support of AEF

The 154th Wing Security Forces will deploy 65 members to five locations in support of Operation Enduring Freedom. A majority of these individuals deployed for Noble Eagle and Tsunami Relief earlier this year. In preparation for these deployments, personnel were sent to Commando Warrior in Korea and to Silver Flag in Nevada to refine their Air Base Ground Defense skills.

Risk management: It's common sense, ACT

by 154 WG Safety

Operational Risk Management is a logic-based, common sense approach to decision-making that is used within the Air Force to manage risks and control hazards. As a result, the Air Force mission can proceed in a safer manner.

To understand the six-step process and apply the techniques to an operational activity requires training, and it involves a level of leadership that is willing to accept responsibility. How can we apply ORM to off-duty activity?

Most people can't remember the six steps of ORM or its four key principles, so they have a hard time relating ORM to their day-to-day off-duty activities. The Air Force understands this and has created a simplified version called ACT

which stands for; Assess, Consider, and Take.

ACT: Assess the environment or activity for risk. Consider what options to take to eliminate or reduce the risk. Take the appropriate action to eliminate or reduce the risk.

This acronym and the three simplified steps are easily remembered and can be applied to all off-duty activities.

The intent of ORM is to increase people's awareness of the risks involved in any chosen activity so that an informed decision can be made about participation in the different activities. Risk is inherent in all people do, but there are ways to control those risks.

The next time unfamiliarity and inexperience rear their heads, take time to ACT.



Former Staff Sgt., now Lt. Col., takes over 154 MSF

by Senior Airman Laurence Bejerana

Lt. Col. Randy Tom assumed command of the 154th Mission Support Flight during a ceremony at MSF's rotunda on Hickam Air Force Base July 24.

"This has been a 30-year journey in preparation to assume command of a unit that affects the lives of our National Guard family – past, present and future," said Tom.

"Today, I stand before you, ready, willing and dedicated to continue the legacy of servant leadership that is the foundation of our Nation's heritage," said Tom.

"During the 1980s, I had the privilege of serving in this unit as an en-

listed member. Today, I take great pride in being your Commander. Together, we can make a difference."

The 154 MSF is one of the HIANG's smallest units, but this unit impacts the career of every HIANG member, said Col. Stan Osserman, Mission Support Group commander.

"Every enlistment and appointment, promotion, decoration and every separation is processed by this unit. Every formal school slot, every DD214 and retirement is touched by someone in the 154 MSF. It is my honor and pleasure to pass command of the 154 MSF to the most experienced MSF Commander in the U.S. Air Force," said Osserman.



photo by Tech. Sgt. Kristen Higgins

Lt. Col. Randall Tom takes the reins of the Mission Support Flight from Col. Stanley Osserman

commander conceptions on inspection items. For the most part, consider the UCI prep as an open book exam in which we have from now until November to complete. PACAF Mission Performance Checklist, Air National Guard's Compliance and Standardization Requirements List, and other self-inspection checklists are widely available. How well we comply with these checklists will likely predict the grade the IG gives us.

With that in mind, we as a wing are being pulled in several directions. The CERF-P mission and September National Guard Association

of the United States are planning to name a few of the things keeping us busy.

I applaud all of you directly involved in shifting your busy schedules as well as your supervisors and

**"Keep the vision of
LAUNA OLE alive..."**

commanders in allowing your participation. Keep the vision of LAUNA OLE alive in your valued efforts.

I'd like to welcome and congratulate our newest commander, Lt. Col. Randall Tom, as the Mission Support Flight commander and to Joseph Kim, our Operations Group commander's promotion to colonel. I'm looking forward to their dedication to continued success in the years ahead.

Finally, my heartfelt congratulations to the members of the 203rd Air Refueling Squadron for being awarded the 2005 NGAUS Distinguished Flying Unit.

That's all for now, keep up the good work, be safe and I'll see you in the field.

**Future Drill Dates
for 154th Wing**

Sept. 10-11, 2005

Oct. 15-16, 2005

Nov. 5-6, 2005

Dec. 3-4, 2005

Jan. 7-8, 2006

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photo art by Senior Airman Laurence Bejerana