



Kukailimoku

War God Of King Kamehameha I • 154 COMPG

Vol 29, No. 5

Hickam Air Force Base
Hawaii

May 15, 1983



Something new has been added. A newly restored F-86L has become part of our permanent display. For more details see page 8.



CLINIC DEPLOYS

The 154th USAF Clinic will deploy to the USAF Hospital Yokota at Yokota AB, Japan next month. Approximately 7 personnel will depart on June 16. Yokota AB personnel will be providing training and job experience to participants in the deployment. Members are scheduled return June 30.

First Termers Open House

Some 300 people, family and friends of the 154th Composite Group's first-term members, are touring our facility this morning. The First Termers Open House is designed to give them a chance to see the Air Guard as we see it.

All work areas will be open to view as well as some special activities that have been planned for our visitors. Static displays of the F-4C, the C-7 and our recently rejuvenated F-86s should provide guests with a glimpse of our history. And visitors will even be allowed to have their photo taken in the F-4 Phantom. In addition to that, a ride in our simulator should provide a taste of what life is like behind the wheel of the "birds" that defend our skies. Canoe rides are on tap along with entertainment by the HANG Ohana to show that we're not all business. While movies and actual demonstrations of the aircraft will give an impressive view of the work we do when we're on the job.

The many visits of other Guard units from the mainland have given us much experience as hosts, so let's really extend the aloha spirit to our guests today and show them that flying planes is not the only thing at which we are the Best.



154TH WING
HISTORY OFFICE
FILE # 2.98.234
244



Commanders Corner

by
Col. John S.W. Lee

May I join with you in welcoming our special guests to our Sunday "Open House" honoring the family of our first termers. FY 83 has been another exceptionally busy year and this open house event is a reminder for us to pause and recollect our intended purposes, to acknowledge friendships on the job and to share with others the rewarding experience of being employed and

knowing that you are sincerely needed to make this collective venture a success.

As we enter the summer months, we can expect more visitors to our site...especially the young ones. It is our continuing objective to present the best experience to our visitors whether they are five or fifty years old. I find that hosting visitors becomes a joy when I know that part of their satisfaction and appreciation comes from how I host them...we all have a share in "how" all of our visitors are handled.

As you look around our Hickam based site, you will note that our Civil Engineering Flight has directed, coordinated and participated in significant construction changes to improve our work sites. Besides these areas, the 154 CEF has been especially active in activating our dormant "brown building" on Soma Field so that club activities will have a home. A meeting will be held with unit NCOs to discuss rules of usage and living when the building is open.

Armed Forces Week Schedule

Saturday, 14 May
0900

Ala Moana Park through Waikiki on Kalakaua Ave. to Kapiolani Park
3,000-member all-service parade.
Includes floats, armaments, equipment, bands and massed flags.

Wednesday, 18 May
1900

Band Concert:

Tri-Service concert at NBC Arena. Free and open to the public.

Saturday, 21 May

Sunday, 22 May
1400

Open Houses:

Open houses at Schofield Barracks, Ft DeRussy, Hickam AFB and Pearl Harbor.
Schofield Barracks 0900-1400; Ft DeRussy, 0900-1530.

Band Concert: Tri-service Band Concert at Kapiolani Park Bandstand

Armed Forces Day
May 21, 1983

PEACE
THROUGH
STRENGTH

Weekday Mornings
16-20 May, 0530

"Body by Janis" participants are from Army (USASCH & 45th Spt Gp) Air Force and HNG Units - Channel 2 TV

Chapel News

HICKAM CHAPEL SERVICES

Protestant

8:30 a.m. Hickam Harbor
8:30 a.m. Chapel One
10:10 a.m. Chapel Center
(Sunday School)
11:15 a.m. Chapel Center
6:00 p.m. Chapel One

Catholic

5:00 p.m. (Sat.) Chapel One
7:30 a.m. Chapel Center
8:30 a.m. Chapel Center
9:30 a.m. Chapel Center
11:30 a.m. Chapel Center
(Sundays and weekdays)

Jewish

Contact Jewish Chapel,
Pearl Harbor, 471-0050,
for information.

KUKAILIMOKU MEMBERS OF THE KUKAILIMOKU STAFF

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Colonel John S. W. Lee, 154 COMPG Commander.

Capt. Richard K. Shimomura, Public Affairs Officer.

KUKAILIMOKU STAFF

TSgt. Charles S. Gravitt..... Editor
SrA. Charles Silva..... Assoc. Editor
SrA. Raymond Santana..... Illustrator

PADRE'S PATTER



by Chaplain (Maj.) Gerald A. Funcheon

Memorial Day will close out a very busy month of May. For some Americans it may be just another long weekend, a time to get away from the hectic routine and relax.

Hopefully, we in the Guard will remember the sacrifices made by those in uniform previous to us. Our nation was formed by many peoples on the common belief that all persons are created equal and deserve equal opportunities. This precious freedom, which assures the rights of each of us to develop his or her full potential and ability, is a freedom which must be constantly protected and, when necessary, defended.

On Memorial Day we pause to admire this great country God has given us. We count our blessings and are mindful of the sacrifices other Americans made on our behalf. On this day we publicly thank them as one people, one nation.

Speak to your children this day about their heritage. If possible, attend one of the numerous religious or civil ceremonies held to preserve and honor the memories of those who sacrificed that we and our children might enjoy freedom.

Peace,

Father Jerry

CAM sq. news & views

by SMSgt. Art Lee

Not much news to report this month except maintenance had a pretty fair month. Just some statistics for those who are interested in them: We flew 264 sorties in April, 228.5 hours flown, had a 96.3% schedule effectiveness rate, aborts down 2.9%, Base Self Sufficiency rate 99.4%, EFIC rate 72.4% and a delay discrepancy rate of 9.1. Some areas we did not fair as well but the overall picture was good, we manage to support the flying for the month and that is the main thing. Keep up the good work people, Mahalo

For you younger guardsmen and women, when you drive by Base Operations you will notice four aircraft on display, three of those aircraft once belonged to us, the F-86E, F-102A and the B-26 (painted black), the T-33 trainer they took away also belonged to the guard, yes way back in the 40's we flew that good old B-26... Incidentally if any of you would like to see some old photo's of the guard way back during those good years, the CAM squadron does have a history album located in the Analysis office and if any of you old timers have old pictures, we sure could use them in our book...

Whenever something good happen to CAM personnel we would like to share it with others Sooo... A new baby girl for the Makishi's, good work Greg, you too Mom; SrA Bill Denham "Aced" the Course 10 recently right on, thats a perfect 100% score Tom Sato made Chief recently, good man that Sato and still waiting for the party..And to all the new SrA Bob Pascua, Jason Sato, Howard Naone, Lester Kanno and Steven

Souza, you're on your way up, keep plugging fellas.. MSgt Ray "Chop" Kaneshiro for winning the 154 Golf Club 1983 Individual Match Play Championship.. PW2 Naval Reservist MaryAnn Padilla for winning the "Sailor of the Year" Award in Hawaii, MayrAnn is the wife of MSgt George Padilla, she deserves a new set of golf clubs George... And to MSgt Ron Cozo and TSgt Jimmy Pahukula traveling with the Royal Hawaiian Band and other entertainers on a special goodwill mission to the European countries, both will represent the Royal Guards, Imua Hawaii fellas...

We want to welcome back Lt Sharon Childress maintenance officer who just returned recently from good old Chanute. Leaving shortly or already in school: TSgt Roy Kudo NCO Academy, SSgt Carol Keanini leadership school, AB Steven Wong BMT and school and attending Gun training at McConnell AFB Kansas will be MSgt George Padilla, Tom Hirao, Leonard Tam, TSgts Roy Matusoka, Alan Umeda, Sgts Chris Kiyuma and Bob Pascua..

Finally, CMSgt David Pontes would like to thank all those volunteers who participated in the recent cancer crusade program, Mahalo...

The flight line people moved into their new building recently, so did maintenance control, Plans and scheduling, must be nice to move into a new building, anyhow some other changes occurred while these moves were made: like maintenance control officer will move into the old job control office, unit career advisors will move into the old maintenance control office and programs and mobility together with the analysis officer will be partitioned off later. Understand maintenance control will have a "mini open house" in their conference room during the Sunday UTA...

Spotlight on the Top

(With this new feature column we hope, each month, to give you a chance to know a little more about the men at the "Top".)



Lt. Col. Owen D. Ota,
Commander, 150 AC & W Sq.

This month's Spotlight is on the man in command of our "eyes" on Kauai. Col. Ota took command of the 150th AC & W Sq. on Feb. 1, 1983.

Col. Ota was born in the small community of Kilauea on Kauai's north shore. He was raised in Lihue up until the time that he came to Honolulu to attend high school at the Mid-Pacific Institute in Manoa Valley.

Col. Ota then went to Colorado seeking higher education. He obtained a Bachelor of Science degree, majoring in Accounting, and was then commissioned through the ROTC program at the University of Denver.

Col. Ota went on active duty in the Force in March of 1956, receiving his navigator training and wings at Harlington AFB, Texas. Ota was assigned to Travis AFB and Hickam before leaving

active duty in 1961 and signing up with the Guard (and the 150th) in 1962. He's been with them ever since.

"It was the dedication and skill of the Guard's people that attracted me into signing up," he says. "My position with the 150th has been very challenging and important and also very satisfying because the people here are positive-thinking, highly motivated and highly qualified." Col. Ota has served as a weapons controller, operations training officer and operations officer before his appointment as commander.

Col. Ota resides in Lihue with his wife, Winifred, a 4th grade teacher at Wilcox Elementary School. His son Jonathon, 21, attends the University of Hawaii-Manoa. His daughter, Carolyn, 26, works in Honolulu.

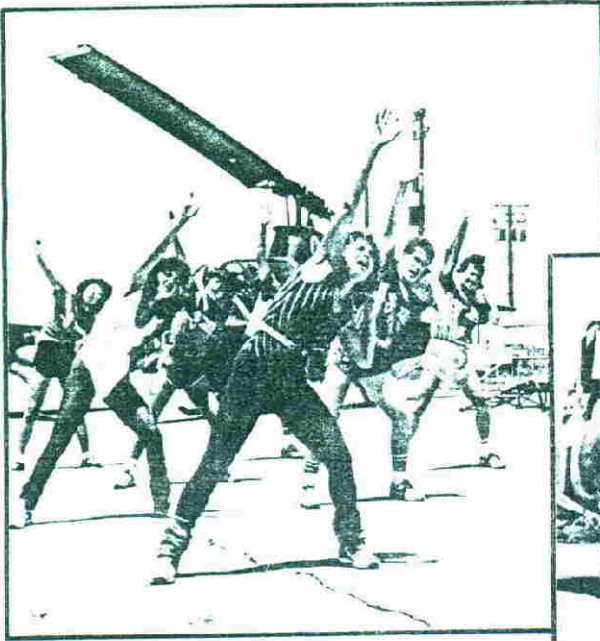
Col. Ota says he plans to retire on Kauai.

PUPUKAHI

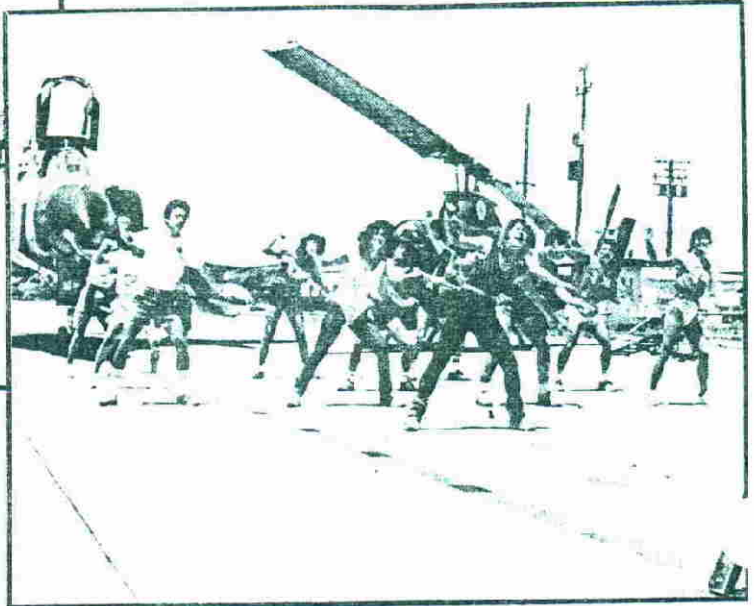
Lt. Drew Hurley, Public Affairs Education Officer for the State DOD, asks that you share your copy of the PUPUKAHI. "Some people have told me that they never get a chance to read it," he says. Hurley suggests that members pass around their copies and take them home to your family and employer so they might better understand more about the Guard. Of course, that goes for the KUKAILIMOKU as well. Help us spread the word.

Special Olympics

MSgt. Wayne Soma has signed up 13 volunteers to help at the Special Olympic Games, May 27(Fri.). But more volunteers are needed. If you would like to offer your valuable services to a very worthy cause - meet MSgt. Soma at the entrance of the Games, Kaiser High School Athletic Field at 6:00 p.m.



STRETCH...2...3...4



With some of our mechanical "muscle" perched in the background, some of our Guard members discovered they weren't in quite as good a shape as they thought. Leading this formation is Janis, of TV-2's "Body by Janis." This segment of the daily exercise program was taped May 3. You can watch the huffing and puffing in living (sort of) color THIS TUESDAY, May 17. The program will air on KHON at 5:30 a.m. and 8:00 a.m.

JOB SECURITY

National Guard members now can feel more secure about civilian job retention when participating in military training, according to the national committee for employer support of the Guard.

The security comes with the rescission of a 1982 Labor Department policy that sought to limit the amount of Military training a member could receive and still claim Re-Employment.

To claim job reinstatement after Military Duty, members must request a leave of absence from the Civilian Employer, present any required Military Orders, and report back to work immediately after the training.



EASING

"Hello, Houston? I've got some startling news for you."

NEW Ex-Benefits

Under the Uniformed Services Former Spouses' Protection Act, former spouses of service members can receive military retirement benefits if their divorces were obtained after 1 February 1983.

Allotments of up to 50 percent of retirement pay can now be awarded to former spouses directly from the Military Finance Center. These payments will not be terminated upon remarriage of the member's former spouse unless so specified in the divorce decree. Payments will be terminated however, upon the death of the retired service member.

The act will apply to National Guard members and former members only if they have performed at least 10 years of service creditable towards retirement pay and have been married during the same period of time.

Ex-spouses of military personnel who were either on active duty or National Guard members for at least 20 years and married for the same period of time will be granted care under military medical facilities or CHAMPUS and will be authorized commissary and exchange privileges. These specific benefits however will terminate when the ex-spouse remarries. Medical benefits will also be disallowed if the ex-spouses have their own health plan, such as HMSA, Kaiser, etc. More information can be obtained by writing to EXPOSE (Ex-Partners of Servicemen for Equality), P.O. Box 11191, Alexandria VA 22312 or the Women's Equity Action League, 805 15th St., NW, Suite 822, Washington, D.C. 20005.

NEXT UTA JUN 11-12

HAWAII NATIONAL GUARD ENLISTED ASSOC.

ANNUAL DINNER MEETING

28 May 1983 (Saturday)

Kauai Resort Hotel, Kauai

Business Meeting
(1300 - 1500)

No Host Cocktails
(1700 - 1830)
Dinner to follow!

Dress (Aloha Attire)

Door Prizes!!!

Kauai Resort Hotel \$37 per room up to three in a room. Dinner cost - \$15.

Uniform Changes

Now is the time to change your old uniforms for new. There is presently an unusually high amount of uniform clothing funds available for enlisted personnel. These funds can be used for the purchase of replacement and initial initial enlisted personnel uniform clothing requirements.

Replacement of clothing to enlisted personnel will be provided on an item for item basis (i.e., serviceable for unserviceable, based on fair wear and tear) See your Supervisor.

PAY NOTES

May Drill Paychecks-

Finance expects to input the UTA pay submission on 20 May to meet the 25 May computer run. The checks should be received and dated 3 Jun.

SON of SABRE

Restoration of the second historical Air Defense jet, an F-86L Sabre, was brought to glittering completion Fri., Mar. 13, 1983. The project was undertaken through the coordinated efforts of civil engineers and personnel from Camron's Field Maintenance Branch.

The F-86L, a hybrid of the F-86D Sabre Dog, was the first all-weather night interceptor to pull alert duty with the Hawaii Air National Guard. The Hawaiian skies were defended by these F-86Ls from Feb. 1958 through May 1961. Alert duties were then assumed by the F-102 Delta Darts, (soon to be restored) then by the present F-4C phantoms.

A Special thanks and Mahalo for an outstanding job and support goes out to Norman Kaleo along with the following people for their contributions of time and talent:

Sheetmetal Repair

Moises Felipe, Yvette Viernes, Robert Cabilan, Wayne Salas, Allen Kimura, Robert Ramos, Derek Sison, Billie Benner

Painting and artistry

Craig Arakaki, Ron Biho, Dale Zuttermeister

Machine Shop talents

Michael Kang

Aircraft Movement & Engineering

Rodney Correa, David Pontes, David Leong, John Chun, Larry Derego, Val Wong, Johnson Sensano

Photography

Gary Saito

HNGEA

Batting a thousand 60

Hey! Hey!...600 PLUS! April 30th was the deadline set by the Hawaii National Guard Enlisted Association's Membership Committee (Air) to sign up 600 or more members for fiscal year '83. Well, by golly, they did it! MSgt. Wayne Soma, committee chairman, wishes to thank all the faithful renewals and welcomes all the new members into this fine organization. We now have a total of 673 Air Guard members for this period.

Maybe we should set our goals higher for fiscal year '84.

By the way, if you can't make the annual membership meeting on Kauai on May 28, see one of your HANG Council members to represent you. Proxies are being circulated by:

| | |
|----------------------|----------|
| TSgt. Al DeRego | - CAMRON |
| SSgt. Jan DeRego | - RMS |
| SSgt. Joe Madrid | - RMS |
| TSgt. Geri Heatherly | - CSS |
| MSgt. Wayne Soma | - CSS |
| MSgt. Richard DeVas | - CAMRON |
| MSgt. Doug Abe | - CAMRON |
| MSgt. Rodney Leong | - CAMRON |



"A slight mistake—when they called for all Far East passen he thought they meant his flight to New Hampshire."

FAT FACTS

by Dr. Jim Gallup

(The following article ran in the Feb. '82 issue of Kukailimoku. We're re-running it as a reminder that weight-checks will soon be in progress in your unit.)

Not so long ago the ability to store food energy as fat provided significant survival value to animals living amid food scarcity. Western society however, is generally not characterized by periodic food shortage and, as a consequence, the ability to store fat

all too frequently becomes of negative survival value because of over-consumption and the resulting obesity. When caloric intake exceeds expenditure of excess calories, we store it as fat. These calories are mobilized at varying rates depending on the calibre of exertion. For example, walking at 3.5 miles an hour would use 5 calories a minute, while running could consume 19 calories a minute. Even reclining uses 1.3 calories a minute. Fat provides 9 calories per gram or 4086 calories per pound. To be completely utilized, one pound of fat would require 820 minutes of walking, 215 minutes of running, or 2 days, 4 hours, and 22 minutes of reclining. Exercise ALONE is not the solution to the overweight problem.



 **National Safety Council**

Our Safety Office reports that the seatbelt demonstrator has finally been completed. After a few more minor adjustments, you may get to try it in the near future. The actual speed generated and other information are still being calculated. One known fact is that the G-load on a person travelling at 30 MPH without any seatbelt restraint coming to a sudden stop after hitting a stationary object is about 184 G's... interesting?

Well, consider the following "picture" of what happens to your car and body in the split-second when your car, travelling at 55 MPH, hits a tree.

One-tenth of a second: Your front bumper and grill collapses. Slivers of steel penetrate the tree one and one-half inches or more.

Two-tenths of a second: Your hood crumples as it rises, smashing into your windshield. The spinning wheels leave the ground. Your body continues to move forward at the vehicle's original speed.

Three-tenths of a second: Your body is off the seat and contact is made with the dashboard. Your head is now near the sunvisor and your chest above the steering column.

Four-tenths of a second: The car's front 24 inches are now demolished, but the rear end is still travelling at 55 MPH.

Five-tenths of a second: Your hands bend the steering column and jagged steel may puncture the chest.

Six-tenths of a second: The chassis bends in the middle... your head hits the windshield.

Seven-tenths of a second: The car body is forced out of shape... the seat rams you forward into the steel steering shaft. You are now probably dead.

The picture isn't pretty, but it's supposed to make you think about how you drive as you cruise down the highway at 55 MPH. A 55 MPH crash is survivable...and you increase your chances by wearing those seatbelts.



volleyball

HANG Central District
Volleyball Tournament
- Schedule -

487th Field Artillery
Armory Gym, Fort Ruger
(22nd Avenue)

Fri., May 20, 1983

6:30 p.m. Game #1 Team 1 vs. Team 3
7:30 p.m. Game #2 Team 5 vs. Team 4
8:30 p.m. Game #3 Team 3 vs. Team 4

TEAMS:

#1 - 154 RMS & 199 TFS
#2 - 154 CSS, HQ HANG,
154 USAF CLINIC,
HQ 154 COMPG & 154 SPF
#3 - 154 CAM Sq.
#4 - HQ 201 CMBTCG, 202 CMBTCF
& 201 ATCF
#5 - 154 CEF

(Schedule for May 21 to be
determined on May 20.)



HAWAII AIR NATIONAL GUARD

CANOE CLUB

Come and Experience Hawaiiana

Membership is open to All Guard People

Practice Site:

Hickam Beach, Hickam AFB.

Practice Times:

1500 - 1600 - Girls
1600 - 1700 - New Members
1700 - 1800 - Men/Women
1800 - 1900 - Men/ Women

Practice Days:

Monday through Saturday

If any Questions Please Call:

| | | |
|------------|--------|----------|
| Pres. | Kukui | 623-4967 |
| Vice Pres. | Jean | 839-6352 |
| Treas. | Dennis | 487-7724 |
| Sec. | Gay | 681-3246 |



HANG Handi-cap Mixed Foursome

by TSgt. Norman Hu

The HANG HDCCP Mixed Foursome
League has wrapped up its season.
Twelve teams finished their 30 week
season Apr. 7. The following winners
were honored in a banquet Apr. 16
at the Ramada Inn.

1st Place Team

"The Lucky One's"

Norman Hu (Captain & Top Recruiter
of the Year 1983)

Robert Davis
Norman Higa
Kiyoshi Koge
Jesse Davis

2nd Place Team

"Over Da Hill Gang"
Kenichi Sonan (C)
Ignacio Gabriel
Melvin Wong
Keith Kunichika
Hiroshi Go
Benjamin Goo

3rd Place Team

"Herbert Funasaki"
Herbert Funasaki (C)
Kenneth Morimoto
Craig Harimoto
Pam Guieb
Craig Arakaki
Gary Soma
Melvin Ige

Individual Awards

Men's Division

High Average
Scratch - 177
Charles Calvin

High Average
HDCCP - 197
Ron Quiocho

Women's Division

High Average
Scratch - 163
Aileen Smith

High Average
HDCCP - 187
Betty Luat

* The new league started Apr. 28.
12 teams will be on the lanes
for 36 weeks.