War God Of King Kamehameha I · 154 COMIPG

Vol. 37, No. 6

Hickam Air Force Base Hawaii June 2, 1991

Red Flag Deployment

By Sgt. Wayne Acosta

Members and aircraft of the 154th Composite Group will deploy to Nevada to participate in the TAC exercise RED FLAG. RED FLAG is a TAC activity which conducts tactical training for all branches of the U.S. Armed Forces. This exercise will evalute the deployment capabilities of the 154th COMPG. Also, this exercise provides pilots with the opportunity to employ combat tactics, techniques and procedures in a realistic threat envi-

RED FLAG provides a opportunity for operatland mass and, in parover higher, irregular different radar considerronment. Such training weapons director capabilities arena composed largely of land Nellis AFB Electronic Warfare to surface to air threat of hypoinitial evaluation then subselevels which culminate in a com-

significant ing over a ticular, operating terrain with the ations in such an enviwill enhance pilot and air in the event of deployment to an area, such as South Korea. The Range will expose 154th COMPG pilots thetical hostile areas. Pilots are given an quently stepped through increasing threat sive final evaluation.

The two week deployment will begin June 29, 1991. Eight F-15As supported by two KC-10 tankers will airlift 17 officers, 75 enlisted personnel, and additional equipment from Hickam AFB to Nellis AFB in Nevada. With such a rigorous deployment, the 154th will require a week to pack all of the equipment.

prehen-

Tac Hospital Deploys

By SSgt Gaye Sakamoto

Members of the 154 Tactical Hospital (Tac Hosp) recently discovered that being in the national guard really is an adventure. Forty-seven members participated in the Tac Hospital's first medical mobility training at Phelps Collins ANG Base in Alpena, Michigan from May 10 to May 26.

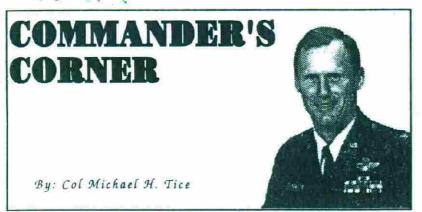
The objective of this deployment was to fulfill all medical readiness training requirements for their wartime mission, and to train in the second echelon (2E) concept of military medical care. The training will enhance the readiness capabilities of the 154 Tac Hosp, allowing them to more effectively perform its

wartime and peacetime mission in support of PACAF and the HIANG.

Together, members donned their rarely used BDUs, applied insect repellent to ward off the thousands of 2-inch mosquitoes, and performed rigorous training exercises in the field. For twelve days they performed in a simulated war decomtamination environment. A triage course taught them how to separate patients according to the severity of wounds, and to treat patients in Temper Tents (28 of them) which hospital members pitched themselves.

Other training included a litter obstacle course in which hospital members using physical strength and stamina, carried patients in stretchers across rocky

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Today is the 154th Composite Group's "Standdown for Safety" day, during which there is no scheduled F-15 flying and a portion of the day's training activities in all units/functional areas is to be devoted to safety issues and concerns. That we take the time to do this has been mandated by the National Guard Bureau, primarily as a result of an alarmingly high number of ANG aircraft losses this year (it's up to 10!!). While the focus naturally is on flying, ground and weapons safety programs are just as important and require continual "care and feeding" just as the flying program does. That's the challenge today, take the time to identify potential problem areas in procedures, practices, facilities and so forth, that may be hazardous, and do something to either fix it or call it to the attention of someone who can.

I believe the Hawaii Air National Guard, and the 154th COMPG specifically, is more combat ready than ever before. We're training as hard as we ever have, and are doing it smarter. We've got the best equipment we've ever had and are continuing to modernize. You, the people, pull these two ingredients together to make us as strong as we are. Our enviable safety record and strong safety programs are a direct result of the leadership of our commanders and supervisors and the professional manner in

which we all strive to do our jobs. We must not only set high standards, but maintain them as well. Following "tech data", regulations, and procedures is expected, and anything less than total compliance is asking for trouble. Being physically and mentally up to the task at hand is just as important and a personal responsibility we all share. Reminding ourselves of these things periodically is important and today is a good time to do it.

My goal is not to have a safety program focusing on investigation and reporting, but a program focusing on education and prevention. Maj. Gary Peters, our Safety Officer, and his staff are working hard to realize this objective and I'm grateful for their efforts. We all share in the responsibility for doing things the right way, the first time. Believe that, practice that, and our efforts today will have been worthwhile, for our continuing good safety record will be attributable to your efforts. Mahalo.

SHOTLINE

By Capt. Adele Auyong

Welcome back to all the members of the 154th Tac Hospital who just returned from their annual training in Alpena, Michigan. All who participated in the training showed determination (killing off all those hungry mosquitoes), direction (that night navigation course?), good taste (the MRE), a sense of Ohana (erecting the temper tent), and a spirit of camaraderie (at the Litter Obstacle course) but of course, no hospital deployment would be complete without the graceful moves of Dana (Harada) Tourtellot's Hula and Lt Col. Lloyd Uto's Annual Bowling Night. A lot of planning went into making this deployment go smoothly, and it was obvious to all that the 154 Tac Hospital is hard working group. A great job was done by all!

A special thanks must go to the culinary experts of the 154 TCS. SSgt. Oscar Sagucio, SSgt. Michael Akama and A1C. Steven Carvalho who did an excellent job of Local Style cooking, thousands of miles from Hawaii. Mahalo!

But on a sadder note this also was the last deployment for several members. 1Lt. Sharon Streb (Congratulaxtions on that promotion) will be moving to Virginia, TSgt. Ron Babb will be moving home to North Carolina and SSgt. Steven Yadao is leaving us. We will miss them and wish them all the best of luck in their new endeavors.

Potential enlisted aircrew posistions open

The C-130 section boss, Lt Col. Edwin Miyahira, is looking for individuals to fill future flight engineer and load master positions. Individuals selected would have to attend and pass a 12 week AFSC school and a twweek survival school. An excellent opportunity for the right people. Call Lt Col. Miyahira at 449-9875 for more information and an interview.



Two weeks from today is
Father's Day. Fathers play such an
important part in our families that
they should be honored, at least
once a year. For many families, it
may be a good time to get together
and show their appreciation to
their fathers. When we consider
what fathers go through, they have
a rewarding but challenging job.

It is a privilege to be a father. Fathers automatically receive a relationship with their children that is irreplaceable. It's a relationship that has the potential of being special and positive, only one of its kind. They also have the privilege of seeing their children grow up and to influence them to become the best people they can ever be. Fathers indeed share in the successes of their children and understand that their children are our future leaders.

At the same time, it's a responsibility to be a father. What is so challenging about being a father is that the responsibility can be so far reaching. Through the bad times, as well as the good times, a father can't give up being a father to his children. (Of course, I know that there are some fathers who physically leave their children, but even then they can't totally break the bonds of their relationship with their children.) For most fathers, it

seems also automatic that their relationship and commitment run deep. In the movie "Parenthood" the grandfather says it very well and illustrates what I'm trying to point out. When the grandfather tries to help his son, Larry, to get out of trouble, he says these words:

"It (being a father) never, never ends...There is no end-zone. You never cross the goal line, spike the ball, and do your touchdown ...never. I'm 64, Larry is 27 and he's still my son..." And so, he helped his son. This is also par for the course for many fathers.

Another important point: fathers are often called upon to provide key leadership. If life was a base-ball game, many fathers face situations where the bases are loaded and there is no one out. They must throw strikes and pitch themselves out of the inning. Many times, fathers feel like they must make it happen. They must make things work out and be a problem solver, whether it be to solve financial problems or to overcome other obstacles for their families.

Let's show our appreciation to our fathers, especially on Father's Day.

For the Family

Since Desert Storm's conclusion, it has been really good to see a number of special events and tributes to our troops. The television specials, parades and celebration (especially the recent parade and celebration we had here in Hawaii), and Memorial Day have all expressed a message of deep appreciation and tremendous support to our troops. All of this is fitting and good. It has brought a healthy sense of patriotism.

And the celebration can continue for us. If you feel like you and your family could use just another chance to enjoy a patriotic event, then consider the following...

On Flag Day, which is Friday, June 14, there will be a special event. Waikiki will have a block party. The theme will be "Stars and Stripes in Waikiki" and will honor the men and women of the Armed Forces.

The Hale Koa Hotel is preparing an enjoyable evening for everyone, and even the public is invited. The evening will begin at 7:00PM on the beach-front luau grounds of the hotel. KUMU Radio will cohost the evening with George Rudolph as emcee. Highlighting the festivities will be a "Betsy Ross Look-alike Contest." (As you remember, Betsy Ross was the famous flag maker). Prizes will be given out to the best "Betsy" look alikes. The contest will take place at 8:30PM. In addition to other great entertainment during the evening, the Fleet Marine Force Band will begin their performance at 9:00PM.

I hope you and your family will enjoy the festivities provided for you. If you want more information that will help your family and other families, have your spouse or family member consider joining a family support group. To do this, contact your unit.





Hi folks! Welcome to the June UTA. 'SUMMER IS HERE!' Make sure you have taken all the necessary precautions to make this summer an enjoyable one for you and your families. As a former Board of Water Supply guy, CONSERVE WATER!!! And now for news of the Squadron.....Mahalo and best wishes to MSgt. Cirilo 'CV' Valera as he has retired from the HIANG effective May 31 after many, many years with the Guard. Also retiring is TSgt. Walter Wauke who will hang up his BDU's after this Sunday's drill. Both men are from the Weapons Loading section and will surely be missed... The welcome mat goes out to Sgt. Dean Tasaka as he transfers from the TMO office to our Admin office. Dean actually returns to the Squadron as he was a CAM Squadron member in the early 1980's. Good to have you back...The welcome mat also goes to AB Bon Alsup (Weapons Load) and AB Isidro Tabion (Weapons Release) as they just recently enlisted in the HIANG. Good luck to SrA James MacKenzie as he attends the Weapons Load school at Lowry AFB. Back from Lowry AFB is A1C Jason Cashman after completing BMT and tech school...Congrats to MSgt. Clifford Ono as he recently returned after successfully completing the ANG NCOA course at McGhee-Tyson ANGB, Tennessee. Says he just missed honor graduate by a point!! CMSgt. Ken Morimoto and MSgt. Tom Araki attending an Aircraft Weight & Balance School at Beale AFB, California and should be returning next week...Congrats are in order to the following individuals who were recently promoted:

SMSgt. David Leong (Engine Shop)
SMSgt. James Yamamoto (Maintenance Control)
MSgt. Siegfried Azevedo (Flight Line)
MSgt. Glenn Furuta (Flight Line)
MSgt. William Pimental (Avionics)
TSgt. Antone Gabriel (Flight Line)
TSgt. William Rodrigues (Weapons)
SSgt. Rex Peters (Flight Line)

Wear 'em with pride, hope the party's soon!!! SMSgt. Yamamoto has assumed the position as NCOIC of Maintenance Control effective with his promotion to the senior rank. Good luck, Yama!! Great to see

Colosse Eliapo of the Accounting & Finance Section get a promotion to MSgt. He's a former CAM Sq. member who gets a well deserved promotion...Well folks, the time has come when we must all help our MWR program. Yes, it's fundraising time again! This year, we have Zippy's Chili tickets for sale at \$3.50 for 1-1/2 pounds of onolicious chili. Your outstanding support in the past has helped to defray the cost of our annual awards banquet and we look forward to your continued support. Ailing TSgt. Yvette Miraflor has just informed me that we still have a few CAM Sq T-Shirts available for sale. We had a run on t-shirts recently and have put in another order for more. However, Yvette says we just received a new shipment of coffee mugs and tankards which are on sale for \$5.00 apiece. The tankards are clear glass cups and the mugs are in green, yellow and white colors (no, not all on the same cup). We received a limited shipment and they'll probably go fast so better hurry!!! Well, that's all for now folks, so til next month..."To succeed. don't learn the tricks of the trade; learn the trade." (author unknown)...fhiga

1991 Women's Career Development Seminar

"Projecting a Professional Image"

- Outrigger Prince Kuhio Hotel
 2500 Kuhio Avenue
- Friday June 7, 1991
- Registration: 7:30 a.m.
- •Program 8:00 a.m. includes:

"Who's in Control of your Time?"
by Ms. Patricia Murray
"Taking Charge of your Life"
by Dr. Linda Andrade-Wheeler
Luncheon Keynote Address by Leslie Wilcox
Ms. Wilcox will be discussing the challenges of
"making it" in a male dominated career field, professionalism and teamwork.

•Validated parking available. Busses are being coordinated for Hickam and the Ruger area employees. Call to reserve a seat: SrA. Parnela Patterson at 732-2341 (Hickam bus) or Ms. Leola Warren at 732-3522 (Ft. Ruger bus)

PROMOTIONS

Hats off to the following individuals who were promoted/appointed to the ranks shown effective the dates indicated:

HO 154 COMPG

199 WF

TSGT ALAN N. TANJI

SSCT PALILA I LINDAHI

10 MA1 31
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1014171171
16 MAY 91
22 MAY 91
20 MAY 91
01 JUN 91
16 MAY 91
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31 MAY 91
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20 MAY 91

Recruiting Office News

Welcome aboard to our new "rookie" recruiter, SSgt. Henry Laguatan, who joined our office, effective May 13, 1991. "Hank" is an enthusiastic energetic person who is looking forward to making his contribution to our fine organization. We all look forward to unsurpassed production from him in the future.

Also welcome aboard to the following new mem-

bers to our guard family:
George Gascon - CAMS
Bon Alsup - CAMS
Kimberly Aguiar - 298 ATCF
Isidro Tabion - CAMS
Ioseph Rapozo - 298 ATCF

Isidro Tabion - CAMS Joseph Rapozo - 298 ATCF
Anselm Lau - CAMS Kelly Dilts - 169 ACWS
Raymond Sherwood - CAMS Steven Ritchie - RMS
Paul Ancog - CES Chad Ashida - HQ HIANG

A big Mahalo to Lt. Col. Melvin Matsui and SSgt. Nathan Enriques, both of the 169th for referring Kelly Dilts and Chad Ashida, respectively. We in the recruiting office are always grateful for guard referrals because they're the best source for quality people. There are always openings in the National Guard, so if you know anyone who might be interested in joining our guard family, please call the recruiters.

Finally, we would like to extend our congratulations to all members of the HIANG who have sons and daughters who just graduated. If your children are planning to continue their education, don't forget that we still have one of the best programs available...FREE TUITION!!!!! There are no financial aid forms to fill. For more information, just give us a

call.

16 MAY 91

16 MAY 91

MENU

Beef Stroganoff on buttered noodles Broccoli Apple Cake Salad

DON'T GET TAGGED

The 15th Air Base Wing Security Police will be monitoring the speed of vehicles passing our new avionics building (ewa of our F-15 ramp) where the speed limit WAS dropped to 25 MPH. Please look for the new signs - watch your speed and save yourself from getting a ticket.

CONNECTION

ELIGIBILITY DETERMINATION - CHAMPUS OR MEDI-CARE

CHAMPUS

The basic law that provides health care for Uniformed Service personnel and their eligible family members is Chapter 55 of Title 10 of the United States Code.

Active Duty Dependents:

Section 1079 of this Title assures that medical care is available for spouses and children of active duty members of the Uniformed Services by authorizing an insurance plan through which care could be obtained through civilian sources. This section permits continuation of CHAMPUS when active duty spouse or child is entitled to benefits under Medicare Part A Hospital Insurance. However, CHAMPUS is the secondary payer. Medicare is the primary payer. This means that after Medicare pays, CHAMPUS could cover any allowable portion that is not covered by Medicare. It does not mean that the same benefits may be paid by both programs.

Retired Members and Their Dependents and Surviving Dependents:

Section 1086 is the basic law that provides comparable civilian health care for retired Uniformed Service members and their eligible dependents, as well as for surviving dependents of deceased members. Section 1086 states that "a person who is entitled to hospital insurance benefits under Part A of Title 13 of the Social Security Act is not eligible for health benefits under this section". This means that CHAMPUS terminates for individuals who become entitled to Medicare Part A Hospital Insurance. There is no co-insurance relationship between CHAMPUS and Medicare for non-active duty spouses and children.

Medicare

Title 13, Health Insurance for the Aged and Disabled, of the Social Security Act is the basic authority for the Medicare program. Medicare is administered by the Health Care Financing Administration of the US Department of Health and Human Services.

There are two parts to the Medicare program. They are Hospital Insurance and Medical Insurance. It is the hospital insurance portion of Medicare which affects eligibility for including spouses and children of active duty members, qualify for Medicare Part A Hospital Insurance benefits, they must apply for those benefits. Beneficiaries do not have an option t choose between CHAMPUS and Medicare.

When to File for Medicare: CHAMPUS beneficiaries should file for a formal determination of entitlement for Medicare Part A Hospital Insurance benefits when: they attain age 65, or they are disabled, regardless of age or they have permanent kidney failure

The other part of Medicare, the Medicare Part B Medical Insurance part, helps pay for medically necessary doctors; services and supplies that are not covered by the hospital insurance part of Medicare. If Part A is authorized, Part B must be elected in order to have coverage that is comparable to CHAMPUS. Beneficiaries should be directed to the local Social Security Office for complete information on Medicare Parts A and B. (DPMA/449-5669).

UNIFORM WEAR WHILE TRAVELING ON COM-MERCIAL TRANSPORTATION:

The Lightweight Blue Jacket and the A-2 Leather Flying Jacket are both authorized for wear on commercial transportation. When wearing either jacket tie/tab must be worn. This change was effective withe publication of IMCs 90-1 and 91-1 to AFR 35-10. (DPMA/449-5669).

UNDERGRADUATE PILOT TRAINING (UPT): The Hawaii Air National Guard is accepting applications for UPT. Minimum qualifications are: Bachelors Degree, Eye sight - 20/20 or better uncorrected birth date after April 1, 1966, and pass the AFOQT Test. For application contact recruiters at 449-5601. Application deadline is August 31, 1991.

FOREIGN LANGUAGE PROFICIENCY PROGRAM (FLPP)

Effective immediately, all members of the ANG who satisfy the elegibility criteria defined in paragraph 6 of AFR 35-13 are potentially eligible for the foreign language proficiency program. All interested person nel should contact CBPO, point of contact is TSgt. Oato at 449-7793.

BODDING

by TSgt. Laura Masuda

Who is at risk? (3rd of 4 articles)

Health hazards from asbestos dust have been recognized among workers exposed in shipbuilding, asbestos mining, asbestos manufacturing, insulation work in construction trades, automotive brake repair and similar trades. Demolition works and drywall removers also may be heavily exposed to asbestos dust. Family members of these workers could also be at risk if the asbestos fibers get home by way of the worker's clothing and shoes.

PROTECTION

- MEDICAL SURVEILLANCE Think about your health. Regular checkups are a good safeguard against cancer and lung disease. If an asbestos causes disease develops, early detection and treatment may improve your chances of recovery. Also do not smoke.
- ENGINEERING CONTROLS When using saws, abrasive wheels, and drills, the local exhaust systems should be checked to ensure that they are turned on and operating properly. If the exhaust system is not sufficient to draw the asbestos dust away from the work area, report the deficiency immediately to your supervisor. A respirator is required until the ventilation problem is corrected.
- MONITORING at least every six months, asbestos monitoring through air sampling should be conducted to determine asbestos level in work area.
- WORK PRACTICES Housekeeping is essential. Asbestos dust should be removed by the "wet" method so they do not become airborne. If spillage occurs containing asbestos particles, proper cleanup procedures are necessary. Properly sealed containers are used to dispose asbestos waste, scrap, debris or contaminated clothing. Personal hygiene, such as washing hands, face, forearms, etc. to prevent the spread of asbestos particles is a must.

PROTECTIVE EQUIPMENT - When asbestos fibers exceed the permissible level, special protective clothing covering the entire body and respirators are worn. Don't hesitate to protect yourself. Next Month: Asbestos in the Home.

Msgt. Roy Kawamura Retires

Aloha and Mahalo to Msgt. Roy Kawamura upon his retirement. Roy has had 25 years of ourstanding service in the Air National Guard. Good Luck on your business and have a happy and healthy many more years to come.

Full-time employment

Any one interested in full-time employment with the 154th Composite Group should check with your unit Orderly Room for complete details.

Royal Guard

There will be a practice and meeting for all Royal Guard members and individuals interested in joining the Royal Guard on Sunday June 2, 1991 at 1:30pm by building 3415 (Supply). The practice and meeting will be in preparation for Kamehameha Day Parade on Saturday, June 8, 1991.

KUKAHIMOKU

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Tac Hospital Deployment cont. from page 1

and hilly terrain, lifting the litters over their heads or while crawling on their hands and knees. They even performed under simulated fire, and were ordered to hit the ground when fired upon.

There were also classes in field sanitation, the Geneva Convention, combat stress, and several other classes involved in medical mobility training. There was even a night navigational course in which Tac Hosp members had to find their way from one point to another in the dark armed with a map and com-

Meals provided by three food service members from the 154 TCS was always something to look forward to. And when the crew from the food service was not busy cooking and ordering supplies, they were busy as simulated casualty victims being carted around the litter obstacle course.

The training brought the unit closer together because of the teamwork needed to make the deployment a success.



1991 HIANG Central Softball Tournament

By CMSgt. Cornwal S. Matsusaka

After two weekends of baseball at the 154 Operations and Training Facility (OTF), the 154 COMBOs and the 201 CCGP are both undefeated and have qualified to participate in the HIANG State Tournament in Hilo, July 20-21, 1991.

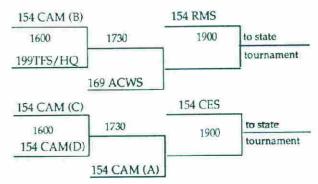
The remaining eight central teams will continue to battle it out on the evening of June 8th at the Earhart softball complex for the remaining two Hilo "slots".

The June 8 night games will start with 154 CAM(B) going against 199TFS/HQ HIANG and the 154 CAM(C) battling the 154 CAM(D) team. Both games will start at 4:00 pm. Other teams in contention for the HIANG State Softball Tournament are the 154 CAM(A), 169 ACWS, 154 RMS, and the 154 CES teams. Best of luck to each team.

Mahalo to SSgt. Bobby Furtado and committee members for their efforts in preparing the 154 OTF playing field. The success of these softball tournaments are the result of hard work performed prior to and after tournament play. The HIANG Central Softball Tournament is chaired by MSgt. Larry Kauleinamoku.

Tournament Schedule:

June 8, 1991 - Earhart Field, Hickam AFB





Left to right Sgt. Ledgerwood, Sgt. Kuda, 1Lt. Joy

1991 Hawaii National Guard Team does well

The 8th Annual National Guard Bureau Marathon was held on May 5th at Lincoln, Nebraska. Representing the Hawaii National Guard were Sgt. Lynn M. Kuda, Sgt. Norman R. Ledgerwood and 1LT. Stanley E. Joy.

When the Hawaii team arrived in Lincoln on Friday, the weather was nice with the temperatures in the 60's, and a gentle wind blowing. As it turned out, that was as good as the weather would be for the entire trip. The temperature started dropping and the wind started picking up. By the Sunday 7:00 a.m. race time, the temperature had dropped to 41 degrees and the wind was blowing at a steady 30 MPH. Any thoughts of a personal best for the race were forgotten.

Nevertheless the race went on and the Hawaii runners did well. 1LT. Joy, Co B, 2-299th Inf., HIARNG was the first Hawaii runner finishing in 3:23:53. Sgt. Ledgerwood, 154 CES, HIANG came next in 3:34:26 and finally, after winning the battle with the wind and temperature was Sgt. Kuda, from HQ, STARC, HIARNG with a time of 3:40:49. Once again, Sgt. Kuda qualified for the 50 member All-Guard Marathon Team, which will compete in Washington D.C. at the Marine Corps Marathon to be held in November.