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Jun 2007

Guard Members named PACAF Outstanding Airmen of the Year

by Staff Sgt. Betty J. Squatrito-Martin

Two Hawaii Air National Guard members were recognized as part of PACAF's 12 Outstanding Airmen of the Year May 4.

Senior Master Sgt. Vernon Palomares, from the 154th Aircraft Maintenance Squadron was named the outstanding First Sergeant of the year, and newly promoted Master Sgt. Richard W. Costa Jr., from the 154th Mission Support Flight, was named the Air National Guard Non-commissioned Officer of the Year.

"We are fortunate to have these shining stars of PACAF in our presence," said Chief Master Sgt. Anthony Bishop PACAF Command Chief. "These special individuals will compete at the Air National Guard, Air Force Reserve Command and Air Force level for the 12 Outstanding Airmen of the Year." Master Sgt. Costa is being honored for his work with the student flight, his role as HIANG athletic board president, his work with the fitness program, incentive programs, the student Loan prepayment program, his stream lined administrative processes, his youth sports mentorship, and his continued self-improvement through education.

Senior Master Sgt. Vernon Palomares is being honored for his work as an outstanding First Sergeant for 154th Aircraft Maintenance Squadron, 154 Maintenance Operations Flight, and the 15th Maintenance Squadron. His contributions can be seen in the unit en-



courtesy photo

First Sgt. Howard Naone, 154th Mission Support Group, Brig. Gen. Peter S. Pawling, 154th Wing Commander and Master Sgt. Ramon Quizon flank award winners Master Sgt. Richard W. Costa, 154th Mission Support Flight and First Sgt. Vernon Palomares, 154th Aircraft Maintenance Squadron, following the awards ceremony honoring PACAF's 12 Outstanding Airmen.

listed advisory council, the Drug Testing Program administration, the Family Care program, the fitness program, humanitarian and mentoring efforts, and the first sergeants council. He also spearheaded a number of fund raisers, and orchestrated the 2nd Annual

Keiki Fishing Derby.

The 12 Outstanding Airmen are selected from each air component, Active Duty, Reserve and National Guard in PACAF. They compete in four categories: Outstanding Airman, NCO, Senior NCO, and First Sergeant of the Year.



Commander's Call: Safety, our top concern

by Brig. Gen. Peter S. "Skipper" Pawling, Commander 154 WG

Aloha everyone. As you are all busy graciously hosting your unit compliance inspectors and showing them how we do business here in the Wing, keep in mind that safety should be your number one priority. Safety is everyday business; more importantly, it's everyone's business. As we rolled past the May 28, start date for the 101 critical days of summer and into the month of June, National Safety month, our awareness levels should be up and running. Awareness coupled with good decision making can make all the difference in reducing the risk of injury.

Recently I attended the 2007 Air National Guard Safety Focus Conference at Volk Field Combat Readiness Training Center, Wis-

consin with Command Chief Master Sgt. Rob Lee and our Safety Officer Lt. Col. John Traettino. A wide variety of safety concerns were discussed at the conference, but the one issue that grabbed us was the discussion of off base fatalities.

Let's team up and promote off base safety within all of our sections. That includes, drinking and driving, buckling your seatbelts, getting rid of the road rage, always using cross walks, just to name a few. These are things you should already know and should already be doing. If you're not, know that changes in your behavior and basic preventive measures can save lives and prevent avoidable accidents or incidents.

We are truly one big family and any one accident or incident is one too many. Please be careful out there.

So far, we've had some very good feedback regarding the unit compliance inspection. We won't know the results until the outbrief on June 19, after the 15th Airlift Wing completes their inspection, but I'm feeling ex-

tremely positive about how we're performing as a Wing. I know it takes a lot of preparation to get ready for an inspection like the one we're going through now. I'm sure you will breathe a sigh of relief when it's over...only to turn around and start getting ready for the operational readiness inspection scheduled for May 2008. I can't tell you enough how critical these two inspections are to our future missions. We've shown, and need to continue to show, the Air Force that we can do our jobs and that we can handle any challenges thrown our way.

Before I close, I want to mention that I have not forgotten about the Senior Enlisted and Officer Offsites held in January and February. As soon as the UCI is over, we'll be able to re-engage the concerns that were brought up at the offsite as well as possible solutions to those concerns.

With that said, I appreciate all the hardwork that each of you do for the 154 WG. Without you, we would not be where we are today!

71 EACS change of Command



photo by Airman 1st Class Gustavo Gonzalez

Lt. Col. Myles Moriguchi, took command of the 71st Expeditionary Air Control Squadron, May 13. Lt. Col. Tom Skrocki, 379th Expeditionary Operations Group deputy commander, presided over the ceremony. Lt. Col. Moriguchi is deployed from the Pacific Missile Range Facility, Barking Sands, Hawaii. He has been in the Air Force since 1981. (photo and caption from Desert Eagle Vol 7 Iss 19)

Kuka'ilimoku

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All photos are United States Air Force photos unless otherwise noted.

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Never forget...we are Ambassadors

by Command Chief Master Sgt. Robert S. K. Lee III



After returning from the Big Island, I was standing on the sidewalk at the airport peering toward the parking lot when I noticed two uniformed Army personnel heading to the overnight parking lot without their cover. I watched the two, a man and woman, as they proceeded across the street to the medial strip to see if they were ever going to put their cover on. After seeing them pull out a couple of cigarettes and light up, it became obvious to me that they had no intention of putting on their cover. Naturally, I felt it was now my responsibility to at least check into the situation.

As I strolled over, in my t-shirt, shorts, slippers, back-pack strapped on my back, I approached the senior ranking soldier and greeted him with a smile and a friendly "Howzit!" He replied back with the same greeting. My exact words, spoken in a curious manner were, "Excuse me, as a military member of our armed forces, aren't you supposed to be wearing your cover while out here in the middle of this open area?" A frown appeared on his forehead and he replied back, "I don't have to wear my cover out here if I don't want to, but who are you any way to tell me what to do?" I mentioned that I was in the military as well, and that

I'm sure your cover is supposed to be on when you're in an open area.

You can imagine how amazed I was that this Soldier, a Hawaii Army National Guard Soldier mind you, could be so rude! It would have taken him two seconds to put his cover on. But no, it just couldn't be that easy! He then acted as though he didn't believe me when I told him I was in the military. He asked me to provide him proof, to show him my military identification card.

"The only way you will conform to our military standards by putting on your cover is if I show you my ID card?" I asked the Soldier. At this moment, the other Soldier, who hadn't said a word the entire time, quickly put her cover on.

"Just show me your I.D.," said the bold Soldier.

So I did it. I pulled out my ID card and showed it to him. You can probably picture the disappointment on my face as I watched him search for the rank on my ID card.

And of course he quickly realized he'd made a fool of himself, and he was probably wishing he could take it all back...if only he had just taken the two seconds to put on his cover. And yes, I could have gotten his name, his rank, his supervisor's name, his

see *CHIEF*, page 5

Leadership Corner: "Keys to the Kingdom"

by Senior Master Sgt. James Agee Jr.

Leadership is defined as "the art of influencing and directing people in such a way that will win their obedience, confidence, respect, and loyal cooperation in achieving a common objective" (Leadership 2000 & Beyond, Vol. 1). However, after spending just over four months in Iraq, I found there's a lot more to leading as a Senior Non-Commission Officer in combat than just what's covered in the above definition.

In addition to the aforementioned definition of leadership, SNCOs will also need to employ three additional key leadership elements to be successful in a deployed environment.

The first element is to **be prepared**. When deploying as a SNCO to a war zone, it is imperative you have your head in the game before your boots hit the ground. You won't have enough time to get into shape physically or mentally once you arrive.

This means that you'll need to be physically "fit to fight" on day one. Personal matters back home will have to take a second or third place to the Airmen in front of you. Your subordinates will be looking to you for guidance and direction on time sensitive subjects that could be of life and death importance. Dealing with these types of issues will require your undistracted attention to detail.

The second critical element is to be **vision conscious and mission focused**.

Airmen need to be reminded why they are there and how their specific actions provide substance to the overall mission and vision of the unit. To achieve the mission at hand Airmen need to be focused and tactically lead. Tactical Leadership is a leadership style used when the plan to achieve an objective is well understood and the team members are

being led down to the lowest level of execution. With that said, it's unlikely during your rotation or assignment, a single mission/task that you conduct will be able to solely complete the vision of stopping the sectarian violence in Iraq. However, your role as a SNCO, is to keep current task on point and continuously reiterate the overall vision to subordinates.

Finally, the third element is to **share your knowledge**. Start taking notes to share and be sure to provide any lessons learned. These notes will be invaluable to the individual that will be taking your place. Although the day to day routine is much the same there will be small differences. Those differences will become the corporate knowledge that should be passed on to newcomers. Additionally, your knowl-

See *LEADERSHIP*, Page 5

Dinner, dancing and visiting the grog

by Staff Sgt. Kyle Kikuchi, 293 CBCS

"Mister Vice, a point of order!" was the phrase that echoed throughout the night at the Hale Koa Hotel's Waikiki Ballroom during the 293rd Combat Communications Squadron's Inaugural Dining Out May 18. Over 150 Guardsmen and their significant others came dressed to impress, to partake in a unique blend of pomp and circumstance, of dinner and dancing, and of elegant military customs and courtesies. This Inaugural Mess was governed by Lt. Col. Joseph Garnett, Commander of the 293 CBCS, and his Vice, 2nd Lt. Ronald Navarro.

It was a night that celebrated the many achievements of the 293 CBCS, the safe return of their AEF deployers, as well as a number of accomplished 293rd retirees. The honored guest and keynote speaker for the evening was former 293rd commander, Brig. Gen.

Kathleen Berg. Brig. Gen. Berg gave an impressive historical overview of the 293rd and its readily changing missions.

While the ravenous mess dined on the best from the Hale Koa, playful ribbing and uniform infractions provided abundant entertainment as Lt. Col. Garnett ordered offenders to guzzle a cup from the mysterious grog bowl as penance.

After all the coin challenges, "Points of Orders," trips to the Grog Bowl (and the restroom), and John Philip



photo by Master Sgt. Kristen Higgins

Staff Sgt. Dana Ayala, Master Sgt. Ramon Quizon, and Staff Sgt. Misty Park were sent by their peers to take a dip at the infamous, mysterious "grog" bowl.



photo by Master Sgt. Kristen Higgins

Members of the Head Table wait anxiously during the opening ceremony of the inaugural 293rd Dining Out.

Souza's Air Force Song, the mess was officially released to the dance floor. As the soiree wound down it was evident that all the time invested in its planning paid off royally. The 293 CBCS' Inaugural Dining Out was a resounding success and was exemplary of its consummate high performance.

154th Medical Group's "Lethal Weapon"

by Lt. Col. Stan Sato, 154th MDG/CC

"It was paint!" cried the little boy as he tried to describe Mr. Joshua (played by Gary Busey).

"A tattoo?" asked officer Roger Murtaugh (played by Danny Glover).

"Yes" nodded the boy.

"Like Popeye?" asked Murtaugh.

"No" shook the boy's head.

"It was that" as the boy pointed to the tattoo on officer Martin Riggs' arm (played by Mel Gibson).

"Roger, that's a Special Forces Tattoo," says Riggs.

I first met Chief Master Sgt. Bailey, affectionately called "Chiefy," in 2001 in the training room of the 154th Medical Group. He was from the 163rd Medical Group out of March Air Force Base teaching an Emergency Medical Technician class to our medics.

It was a "hello, nice to meet you" type of meeting and nothing more than that. I did notice his Army Senior Parachutist (Jumpmaster) wings and the large knife-like tattoo on his left forearm that immedi-

ately reminded me of the one Mel Gibson displayed in the movie "Lethal Weapon." The tattoo had been there a while and like anything that had been through a lot of "rough stuff," had lost some of its original detail.

As it turns out, I was mistaken about the tattoo; it wasn't a Special Forces tattoo. But, I wasn't mistaken about the man wearing it. Chief Master Sgt. Bailey was at one

see **LETHAL WEAPON**, page 10

Get Happy, Carefully

by Lt. Col. D.H. Molinaro 154 LRS/CC

Good moods galvanize good performance, and the best leaders display moods and behaviors that match the situation at hand, with a dose of optimism. They respect how others are feeling, even in the face of defeat or crisis, but they also model what it looks like to move forward with hope and a dash of humor. The concept is emotional intelligence and there are four key parts:

Self-awareness is the most essential of the emotional intelligence competencies. It's the ability to know your own emotions. Good leaders continually gauge their own feelings and moods to intuitively know how they are affecting others. It's an important way to help validate other's strengths and assist them in feeling confident about their self-worth.

Self-management is the ability to control your emotions and act with honesty and integrity in reliable and consistent ways. Leaders don't let their bad moods seize the day; they leave it outside the office and understand its source and how long it may last.

Social awareness includes the capability of being empathetic to the needs of your people and the orga-

nization. Leaders do more than sense others emotions, they show they care. They are experts at reading the currents of the "coconut wireless." They are also particularly sensitive in understanding how their words and actions make others feel and are sensitive enough to change them when that impact is negative.

Relationship management includes the ability to clearly and convincingly disarm conflicts and build strong personal bonds. Leaders use these skills to spread their enthusiasm and solve disagreements often with humor and kindness.

Like so many other behaviors in life, emotional intelligence is very difficult to put into practice. The strain of daily life at work, home and relationships wreaks havoc on our sensibilities, and all too often leaves us dropping our emotional baggage at the feet of those who we value the most. Be cognizant of what you feel, be aware of your impact to others, and practice the four aspects of emotional intelligence. The image of a leader being an emotional rock is a myth. Those titans of leadership who have become icons in our society had their bad days too, but they were masters at their ability to focus on what was truly important... all with a joke or two.

LEADERSHIP

edge and experience sharing will not stop when you have completed turnover and you are wheels-up over the ocean. You will bring back experiences that can not be learned in the class room or training exercise scenarios. Sharing your experiences with our young Airmen will be critical in shaping our future deploying Airmen and leaders of tomorrow.

I believe that SNCO's hold the leadership "keys to the kingdom" and ultimately the success of the mission. Understanding these three additional leadership elements along with our roles and responsibilities as SNCOs are essential to keeping our SNCO core in the fore front of delivering combat airpower on time and on target.

CHIEF

commander's name and have reported him, but I didn't.

I decided that he'd probably learned his lesson. But I did leave him with a few stern words. I hope he took them to heart. We are all ambassadors of the armed forces and the positive relationship we have with our community is vital, absolutely vital.

What if I wasn't in the military? What if I was just a civilian and I asked him about his cover and he responded to me in the same manner. Would that have left me with a positive impression of our military? Of our Hawaii National Guard? No, it wouldn't.

Be aware that we support our community and that support needs to be reciprocated by showing them that we are the role models they envision us to be.....Let's Roll!

PACOM celebrates one of our own

by Col. Stanley Osserman,
MSG commander

Thursday at 10 a.m., at USPACOM J-1, Clarence Kealoha, 154th Security Forces Squadron member suffering from medical issues and on an MPA tour at PACOM, was promoted to Master Sgt. in a ceremony attended by approximately 100 people.

The PACOM ceremony was organized and presided over by Col. Seals, USMC, but the promotion

itself was handled by Hawaii Air National Guard members, many of whom were not able to attend on short notice and in the middle of the UCI.

It is important to recognize, however, that this moving and very important promotion and recognition could not have happened without the work of many of you.

Members of the Mission Sup-

see **PROMOTION**, Page 10

News Briefs

May AOM



courtesy photo

Senior Airman Bradley Hirahara, 154 Aircraft Maintenance Squadron. Senior Airman Hirahara has been deployed on various high profile missions.

According to his fellow workers, Senior Airman Hirahara's can do attitude has made himself an invaluable asset as a maintenance person and leader.

Senior Airman Hirahara grew up in Kanehoe and graduated from Castle High School.

CCAF to BA

The Air University will be offering a new program beginning in June that will allow anyone who possesses a CCAF Associate Degree the opportunity to turn that degree into a Bachelor's Degree.

For more information, log into the AF Portal and look for the AF Virtual Education Center link. Goal – Bachelors Degree for every CCAF Graduate.

Surfer's wanted

The "All Military Surf Classic" is scheduled for Saturday June 16, at White Plains Beach, Kalaeloa (Barbers Point). It is open to all active duty, DoD, reservists and dependents. Deadline to register is today. Call Master Sgt. Villanueva at 448-2253 for more details.

May Promotions

Promoted to TSgt (E-6)

154 ACS	Braun, David B.
154 AMXS	Reyes, Yvonne P.

Promoted to SSgt (E-5)

154 AMXS	Castanares, Cherie K.
154 WG	Eismont, Albert E.
154 SVF	Fragas, Mathhew
204 AS	Ibay, Vaneza C.
154 SVF	Jensen, Albert
154 OSF	Lauofo, Pulepule M.
154 AMXS	Laybon, Joey E.
154 MXS	Lazaro, Melissa C.
154 MXS	Lopez, Kelson I.A.
292 CBCS	Miguel, Jolyn W.
154 SVF	Ono, Jason
154 MSF	Shak, Todd
154 WG	Uyenishi, Larissa K.T.

Teach Parents

Hawaii National Guard Counterdrug Program needs "Parent Training Facilitator" volunteers to make an impact in the community. Help reach families by teaching parenting skills to adults. Help parents become better parents to their children, and help children become better children to their parents.

Paralegal Position

A traditional paralegal position is available with the 154th Wing JAG office.

The position requires a minimum AFSC score of Gen 51. All interested parties who meet the requirements should visit the retention office to start the retraining process.

Application deadline is Aug 5, 2007.

To view the position description, review the AFMAN 36-2108 in your unit training offices.

154 WG
Drill Dates
July 7-8, 2007
August 4-5, 2007
Sept. 10-11, 2007

Nurses Needed

The 154th Medical Group needs critical care nurses.

A Critical Care Nurse must hold a current and unrestricted license as a registered nurse and be employed in the field of Critical Care, Intensive Care Nurse or Emergency Department Nurse.

Applicants must be graduates of an NLN accredited nursing program, hold a minimum of an ADN or BSN degree. They are required to sign a contract stating that they will remain employed in the critical care setting a minimum of 180 hours per year to remain qualified within the AFSC. This AFSC offers a 30 thousand dollar sign-on incentive. Contact Maj. Susan H. Richards, NC via e-mail at susan.richards@hihick.af.mil or call 808-448-7535.

AFSA wants you

Air Force Sergeants Association is the voice of the total enlisted force. Members volunteer to "educate" Congress and the Administration regarding legislative efforts to preserve long-standing benefits, enhance quality of life, and "Keep America's Promises to America's Military".

Greater numbers equal more support for legislative action. Becoming a member will have a direct affect on a military member's life; maybe not today but in the future, support the Air Force Sergeants Association.

UCI results
following
outbrief Jun 19.

Chaplain's Corner: A story about friendship

by Capt. Leah Boling, Chaplain

Have you heard the story of Owen and Mzee? I heard it recently and was really inspired by it. I hope you will be as well.



The story of Owen and Mzee is quite an unusual story about friendship, hope, and resilience. The story begins in 2004 when Owen was rescued by villagers after losing his family during the Asian Tsunami. Mzee is an old resident of a habitat in Kenya. Owen is young and felt out of place in his new place. Mzee,

on the other hand, is a loner who just wouldn't bond with anyone—that is until the day Owen came into his life.

One might go as far as to say it was love at first sight. Workers in the Kenyan remarked Old Mzee (at least 130 years old, if you were curious) accepted Owen as his own and an inseparable bond was formed.

One of the more striking stories within this story is this: Owen is a hippopotamus and Mzee is a tortoise. You might be thinking what possibly can a hippopotamus and tortoise have in common? The answer is a lot. Most importantly they can teach you...whereas a man looks at the outside of a person, the Lord looks at the heart.

Owen and Mzee certainly exemplified the Lord's example and show what is possible when we cast away prejudices or predispositions and accept each other. It is truly amazing what we can do when we look past the surface and look at what can be.

As it is with love, so it is with friendship and even co-workers...endless possibilities!

Two famous Old Testament biblical characters ex-

emplify Owen and Mzee's relationship. Jonathan and David, two very different personalities from two different backgrounds stuck together out of a genuine love for each other. Jonathan, who was King Saul's son, developed a friendship with David, who was hated by King Saul. Jonathan remained loyal to his friend despite his father's instruction to kill David. This commitment to each other extended even to each of their families.

We can certainly learn from these two examples. Friendships come in many different forms, and one need not look too far to create friendships. Start within your home, your neighborhood, here at the Guard, in your church/temple/synagogue. It's amazing the friendship you can unexpectedly develop. We need to look beyond ourselves and open ourselves to the needs of others. We also need to be selfless for the betterment of our world. As we go through the UCI, try to be a friend to someone. Try it and see where it leads you

WORSHIP SERVICES

General Protestant Service

12:30 p.m. – 1:00 p.m., UTA Sundays, Bldg. 3416, 2nd floor, Na Koa Conference Room.

Catholic Services

5:00 p.m., Saturdays, Nelles Chapel

10:00 a.m., Sundays, Chapel Center

Jewish Services

7:30 p.m., Fridays, Pearl Harbor Aloha Chapel on Makalapa Road.

For **Buddhist, Muslim or other faith groups**, call either the Wing Chaplain's office at 448-7275 on drill weekends or during other times the Chapel Center at 449-1754.

and how it makes you feel. What have you got to lose?

Preparing makes sense, get ready now

Exerpts from Homeland Security Brochure

Just like having a working smoke detector in the home, having emergency supply kits will put the tools necessary in an emergency at a person's fingertips. Be prepared to improvise and use what's on hand to make it for **at least three days**, maybe longer. While there are many things that may be more comfortable, think first about fresh water, food and clean air. Remember to include, and periodically rotate, medications taken every day such as in-

sulin and heart medicine. Plan to store items in an easy-to-carry bag, such as a shopping bag, backpack or duffle bag.

Water Store one gallon of water per person per day for drinking and sanitation in clean plastic containers. People who live in a warm weather climate may need more water.

Food Store food that won't go bad and does not have to be heated or cooked. Choose foods that family members will eat, including protein or fruit bars, dry cereal or

granola, canned foods and juices, peanut butter, dried fruit, nuts, crackers and baby foods. Remember to pack a manual can opener, cups and eating utensils.

Basic Supplies Store a flashlight, battery powered radio, extra batteries, a first aid kit, utility knife, local map, toilet paper, feminine hygiene products, soap, garbage bags, other sanitation supplies, plastic sheeting, duct tape, as well as extra cash and identification.

Periodically rotate extra batteries to be sure they work when needed.

Life Skills Support now Mental Health clinics

by Staff Sgt. Monique Randolph,
Secretary of the Air Force Public Affairs

6/5/2007 - **WASHINGTON (AFPN)** — All Air Force “life skills support centers” will be renamed “mental health clinics” effective immediately.

After a poll of subject matter experts, first sergeants, command chief master sergeants and mental health patients, it was determined that the name “life skills” was confusing and did not appropriately reflect the mission of providing mental health services.

“To most people, and particularly to professionals, ‘life skills’ refers to youth programs and services for the developmentally disabled,” said Lt. Col. Steven Pflanz, the senior psychiatry policy analyst for the Air Force surgeon general. “Traditionally, ‘life skills’ refers to teaching people how to get dressed, prepare meals or balance a checkbook; not psychotherapy.

“So, Airmen seeking counseling wouldn’t necessarily think to go to the life skills support center,” he said. “Likewise, when an off-base mental health professional wanted to speak with their on-base counterpart, they were confused when they were referred to the life skills support center.”

The name “mental health” was used prior to 2001, but was changed to “life skills” to combat the stigma

associated with seeking and receiving mental health care, Colonel Pflanz said.

“But changing the name alone doesn’t eliminate the stigma,” he said. “Stigma is best addressed through ongoing education efforts. Changing deeply held societal beliefs about mental health care takes time.”

Contrary to popular belief, only a small percentage of Airmen who seek mental health care actually experience adverse career outcomes or even unit notification of treatment, Colonel Pflanz said.

“The Air Force medical service must constantly work to overcome barriers associated with seeking treatment for behavioral and emotional problems,” said Maj. Gen. (Dr.) Charles Bruce Green, the Air Force deputy surgeon general.

“To address the concerns of Airmen about seeking treatment for mental health issues, it should be clear that privacy is the norm when their issue does not represent a danger to themselves, the mission or others,” the general said.

The name change will be accomplished at Air Force installations within a few months, Colonel Pflanz said. Although the change is immediate, practical details such as posting signs and updating regulations will take some time.



In an effort to raise funds for the Special Olympics, Hawaii Air National Guard members participated in the Troy Barboza Torch Run May 25. The HIANG took first place in T-shirt sales, earning the honor of leading the run. The HIANG was also awarded the Unsung Hero award.

photos by Staff Sgt. Betty J. Squatrito-Martin

Marathon Runners Represent

by Lt. Chris Larson and
Staff Sgt. Betty J. Squatrito-Martin

Hawaii National Guard Running Team Placed 8th at the National Guard Marathon Championships in Lincoln, Neb., May 6.

Members from both the Air and Army Guard ran for The Hawaii Guard team. Lt. Christopher Larson, 292nd Combat Communications Squadron, Lt. Col. Scott Kimsey, 204 Airlift Squadron commander and Col. Michael Compton, HIANG Headquarters represented the Air Guard. Two new runners to the team, Staff Sgt. Gregory Lum Ho from Bravo CO, 445th Aviation Support Battalion on the big island of Hawaii, and Master Sgt. Timothy Morrill, NCOIC

on Oahu for the Headquarters, Headquarters Company (HHC) – 29th Battalion Combat Team Lethal Effects Cell (FIST Team), represented the Army side of the Guard house.

Lt. Larson led the team with a 2:50:58 time, qualifying to compete on the All-Guard team for the fourth time. Lt. Col. Kimsey crossed the finish line with the second highest time for the Hawaii team at 3:18, while Col. Compton put up a 3:26 time to finish third for the Hawaii team.

Newcomers, Lum Ho and Morrill

made their presence felt by pounding the pavement with such efficiency significantly improving their qualifying times. Lum Ho hammered out a 3:50 marathon, 17

OIF III, Balad, Iraq.

Although some runners saw improved times, it wasn't a day meant for record setting as the weather played havoc with this year's race.

There were severe weather alerts leading right up to the start of the race. A heavy thunder storm rumbled all night only subsiding an hour before the 7 a.m. start. Runners at the start experienced a steady rain with a 30 to 40 mile per hour wind. "The wind gusts hit me like a wall," said Lt. Larson.

"This was the hardest marathon I have run in 26 years," said specialist first class Vandervlugt, from the Washington Guard team.

Despite the conditions, 1074 runners finished the race. In the team race, just a couple of minutes separated the top five teams with Arizona taking top honors.

Hawaii's eighth place finish was just 30 minutes behind 5th place finisher, Oregon.

Had the three Air Guard runners shown the same kind of improvement the soldiers recorded, Hawaii would have been in the top five, said Lt. Larson. "HOOAH to these soldiers," added Larson.

Two other runners qualified but were unable to make it: Staff Sgt. Ryan Taniguchi and Senior Airman Amy Masuyama. Hopefully these two runners will be able to compete next year.



Courtesy photo

Lt. Col. Scott Kimsey, Lt. Christopher Larson, Master Sgt. Timothy Morrill, Staff Sgt. Gregory Lum Ho and Col. Michael Compton made up the 2007 Hawaii National Guard marathon team,

minutes faster than his qualifying time, while Morrill nailed a 4:07 time, 30 minutes faster than his qualifier narrowly missing qualifying for the All Guard Marathon team for his age.

Compared to where these two soldiers have been recently, the run in Lincoln may have seemed like a stroll in the park. Lum Ho ran his qualifying race at Camp Victory, Iraq while serving in Operation Enduring Freedom IV, Kandahar, Afghanistan. Morrill has recently returned from a deployment to Iraq,

LETHAL WEAPON

time a Special Forces soldier. His specialty: Sniper. You'd never guess it. Not from this kind, gentle, humble man who served the 154th Wing so well over the past 5 years. You'd never imagine he could hit targets from a thousand yards away, parachute into unknown "badlands," and infiltrate shorelines from submarines in the middle of the night. Chiefy would rarely mention anything about his SF days. We always had to pry it out of him and when we got him to talk, we would just be in awe. Like my race car theory in April's Leadership Corner, if you think your tough, try and listen to some of the things Chiefy had to do with the Special Forces. I can assure you, he is really "Special."

Even though Chiefy is no longer with SF, he is still a "Special Force" to me. He can do it all, from administration work, to responding as a medic, to carpentry, to plumbing, to mechanics, to forklift operator, to maneuvering a trailer,



The many faces of
Chief Master Sgt.
Mark Bailey

photo composited by Staff Sgt. Betty J. Squatrito-Martin

Promotion

port Flight and SFS were critical in making this not just a ceremony, but a real promotion, for a very deserving NCO leader in our organization.

It was obvious that Master Sgt. Kealoha, was surprised by the event. His wife Pohai should be given all the credit for making the surprise element happen. For it was she, who pulled off the mission of getting him to PACOM in uniform to "sign papers."

All in attendance could not help but be moved, emotionally, by the weight of the circumstances and obvious Aloha for Clarence. We were fortunate (in spite of less than two hours notice) to be able to have Maj. Gen. Vern Miyagi, Brig. Gen. Kathy Berg, Lt. Col. Charles Moose and several members of the 154 SFS in attendance to help us honor Clarence.

It was obvious that Clarence and his family were very appreciative.

Thanks again to all who helped make this happen for one of our very best.

to parachuting, to scuba diver and of course, riflery.

In April of 2002 the 154 MDG deployed to Alpena, Michigan for two weeks of Combat Medical Readiness Training. Chiefy, who was a Senior Master Sgt. at the time, came up from California to help with our training, and I guess to "feel us out" as he would later apply for the Senior Health Technician position. During the first week while we were in classes, he was out

with the Alpena crew setting up the compound. It was very labor intensive, but he would be the first one there and the last to leave. One cadre told me, "Sir, that SMS is an unreal guy! He doesn't have to do any of this and yet he's working like a there's no tomorrow. Who is he?"

I replied, "I don't really know. Some former Army guy." As I would learn, this was typical of him, helpful and hardworking.

After the two weeks of training, Col. Wyrick referenced Chiefy and said to me, "Stan, what do you think of that guy?"

I said, "Sir, you know me, I hate everybody, but, I really like him!"

Col Wyrick returned with, "I like him too."

After that, Chiefy became a part of the 154 MDG, and our relationship has been growing stronger ever since.

In the short time Chiefy's been here, we've done a lot together from passing HSIs, to starting up the CERF-P, to trips all over the country, to picnics, to bowling and of course, the after drill 154th MDG cook-outs. For five years, it's been one adventure or laugh after another. Words cannot begin to describe the fun we've had, so I won't even try.

Now the bad part.

It is with much regret that I have to announce that my friend is leaving us for a Senior Health Technician position in Reno. I know what a lot of you are thinking, "What did that punk Stan do to 'tick' Chief off?" Well, for once, it wasn't my fault. Chief is leaving so he can better assist his family, not because he hates me or any of you. I know he's leaving at a bad time but as I've told a few, in my eyes, Chiefy has worked so hard for the 154 MDG and the Wing that he has earned the right to do what he needs to do and I support his decision 100 percent.

So, I say to my friend, "Good-bye brah." No tears, just a solid handshake, a "man-kind" hug and a lot of good memories.

Be mindful of appearance, impressions count

by Master Sgt. Jason A. Seales,
First Sgt 154 SFS



In February 2007, Secretary of the Air Force Michael Wynne sent out a letter to all Airmen entitled, "Every Airman an Ambassador." In it, he stressed the importance of every Airman doing their part to tell the Air Force story.

I thought it was a great message for people to hear, which is why I would like to piggyback on what he said by stressing our roles as Air National Guard Ambassadors.

When I am wearing my Air National Guard uniform and I am out and about in my community, I've noticed that I get a lot of looks and double takes. Sometimes, children point and say, "look mommy, a soldier!" (I always let that slide; they are, after all, just kids.) Some people look, and then look again, as a smile crosses their face. Some people even walk right by me, or right up to me,

and say, "Thank you for serving." When that happens, I always say "you're very welcome" in return. The point is, I am always noticed when I am wearing my uniform. I stand out. I cause a reaction, so far, a positive one, among regular civilians when I wear this uniform. Whether I know it or not, people are watching me. So with that being said, I think it's important for all of us to keep in mind that yes, we are ambassadors. Like it or not, we are ambassadors of the Hawaii National Guard. Every time we wear our uniform, we are going out as representatives of the HIANG. Whether it be stopping at a gas station to refuel, attending an award ceremony at your child's school, or even pulling an MPA Tour with an active duty unit, we are representatives of the HIANG.

So what does that mean for you? It means that as an ambassador, you should always keep in mind who, or what, you are representing. In our case, it's the HIANG, so as REPRESENTATIVES of the HIANG,

it means we need to be proactive in ensuring that the HIANG maintains its sterling image in the community. It means always wearing your uniform properly, even when you think no one is around to notice. It means being courteous and respectful to everyone you encounter. It means being willing to stop and talk to people about military life and service when you are asked. It even means being tolerant of minor slights and injustices, even if it creates an inconvenience for you (Someone took your parking spot? Stay cool; remember, you're an ambassador!)

I know it can be difficult to remember at times, but the bottom line is this: We are all ambassadors of the HIANG. It is incumbent on us, therefore, to always conduct ourselves in a manner that is beyond reproach, ESPECIALLY when we wear our uniform. If we work to remind ourselves of that fact from time to time, I am sure that your "term" as an ambassador, be it four years or 40 years, will go smoothly.

History



above photo by Robert Capa

Into the Jaws of Death-
U.S. troops wading
through water and Nazi
gunfire as they storm
the beaches of
Normandy.

D-Day
June 6,
1944



NATIONAL ARCHIVES

The D-Day
invasion
began with a
dangerous
attack by
American
paratroopers.

