



Kukailimoku

War God Of King Kamehameha I - 154 COMPG

Vol. 35, No 11

Hickam Air Force Base
Hawaii

November 5, 1989

WELCOME!

NEW MSF COMMANDER

The Hawaii Air National Guard welcomes Major Kyle E. Breedlove as the new Mission Support Flight Commander and Group Communication Manager.

Major Breedlove came to the HIANG from Fort Wayne, Indiana where he was also a MSF commander. He was drafted into the Army "a long time ago" and started working in the Air National Guard in 1977.

Major Breedlove says he enjoys working in Hawaii where the climate is beautiful and the people of the HIANG are very friendly.

"DESIGNATED DRIVER"

Once again the festive holiday season is upon us. Time for family, friends & co-workers to get together and share the joys of the past and the dreams of good fortune to come. Now that 'Beggar's Night' is behind us, we all begin to gear up for the long Veteran's day weekend, the feast prepared for Thanksgiving of all our many blessings, the joys of Christmas giving (and receiving!), and finally the bidding farewell to the Old Year and welcoming in the New Year. We in the HIANG also have a few extra celebrations thrown in this time frame as we join together for Unit holiday parties, promotion parties, and also several retirement parties. This can also be a time of senseless tragedy which can put a damper on all future Holiday Seasons if a few simple rules are disregarded.

For example, when planning a party or function, ensure adequate nonalcoholic drinks are available for those guests that do not wish to partake or have assumed the role of "Designated Driver." Many establishments, both on and off-base, have Designated Driver programs during the Holiday Season. The program allows the person or persons who volunteered to be a sober driver to have nonalcoholic beverages free of charge simply by displaying a Designated Driver button or similar marking, and will not serve that individual any alcohol. If your festivities take you to such a place, take advantage of the opportunity to celebrate as

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PHOTO BY MSGT. RON BIHO

The 199 TFS flight simulator for the F-15 flew its acceptance flight on September 27 and began operations on October 1. Pictured here (L to R) are MSgt Raymond Choy, Air Technician for the new simulator and three employees of AAI Engineering Support, Incorporated, J.R. Eick, Jeff Phelps and Kathy Matheny.

Commander's Corner

by
Col John S.W. Lee



November earmarks our annual reminder of Thanksgiving. Fiscal Year '89 has been a challenging and growth related year for the Composite Group. Many of our old time friends have left and newcomers appear who generate a new "lust for life" which bears well for the potential of this unit.

As we get deeper into the complications of newer technology, let us not forget IBM's micro-computer experience of November '76 when the company introduced the Series-1 line. IBM forgot how they got to be on top of the business market. (like catering to customer needs, being aware of the competitor market and respecting their investors' concerns). Instead, IBM focused on the product at the detriment of all other salient factors which made IBM a respected company. No matter what end product we may be pursuing, its impact and "interrelationship" with other factors must not be slighted. The F-15 flying program means definitely more than its mission capable ratio: i.e. people growth and sophistication in training; aircraft modifications to broaden the weapons envelope; and understanding and respect for the maintenance and supply responsibility needed to sustain this program. No product by itself retains meaningfulness...its people who bring meaning to products.

The same for Thanksgiving. It has no meaning unless related to people. We have much to be thankful for and each of us can relate to some Being and person for our cherished status today.

CHANGE OF COMMAND

A Change of Command Ceremony marking the retirement of Col John S. W. Lee, will be held on Sunday, December 3, 1989 at 9:00a.m. Units will form at 8:45a.m. on the Ewa Side of Hanger Building 3400. Uniform: (No Ribbons)

Men: Light Blue shirt w/short sleeve, Service Cap

Women: Blue Shirt w/short sleeve, Skirt, Beret

A reception will follow the ceremony at the 199 TFS, Building A3400, for invited guests and unit commanders.

MOBILITY RECALL

The usual way of notifying members of the guard for emergency mobility is by telephone. What happens when there is a national crisis and the phone lines are out? Guardsmen and women will be notified by radio, television and news media. These forms of communication will state, "Members of the 154 Composite Group Hawaii Air National Guard are to report to their duty station. This includes members of the following units: 199 Tactical Fighter Squadron, 154 Tactical Hospital, etc."

If or when the time comes, be aware, prepared and ready!



'J.R.' Eick gets Lt. Col. Jerry 'Fang' Aoki up to speed in the new F-15 simulator.

PHOTO BY MSGT. RON BIHO

Pastor's Perspective

by
Chaplain (Capt)
Robert Nagamine



Doesn't time seem to move so quickly? Just yesterday, it seems, we were at October's drill. And if we're not on top of things, the fast approaching holiday season will take us by surprise...and before you we know it, 1989 will be history.

Time somehow appears to speed up as we get older. There is a reason for this. Someone once explained that for a person that's 6 years old, one year is one sixth of his/her whole life; while on the other hand, for a person age sixty, one year is only one sixtieth of his/her life. An hour glass illustrates this same principle. The sand in the hour glass appears to move more rapidly in the final seconds than when the glass is first turned over.

Last month I wrote part one on time management. This month I'd like to present the following ideas that might help us be more efficient time managers.

Assign priority to the things that are important. After compiling our list of things to do, we must realize that some things are more critical than others. If history repeats itself, we might never have time enough to do the "1001" things we want to do. So, concentrate on the essentials.

"Limiting the problem" will save time. If under time pressures, go with answers to problems that are simple and attainable, rather than solutions that are complicated and require too much time, effort and coordination.

Know when to stop working on a project and finish it. The "law of diminishing returns" is applicable here. If you're a perfectionist, you may need to gage yourself from spending too much time perfecting

things that don't require perfection. For example, a person may polish his/her car so many times during a short span of time that one more polishing will not help much more.

If you're overwhelmed with all that needs to be done, focus on one problem at a time. Remember, we can't be at seven different places at one time (even if we think we can). Eliminate all distractions and remain focused until you've solved that one problem. Then, with forward progress, move on to the next task.

Timing, occasionally, may be key. There are time critical factors to some "mission impossible" tasks. For instance, the ideal time to get a college education may be limited to certain windows of a person's life. So, execute in a timely fashion.

Procrastination sometimes is an all too familiar friend. Why wait until later to do something you can do today? The issue probably won't go away. In fact, things probably will get worse. So if you have the opportunity, do something positive. It may turn out to be a blessing in disguise. Seize the initiative today! today!

Finally, allow time for unexpected hurdles and roadblocks. May God be gracious to give you enough time to do the things that count.

KUKAILIMOKU

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Phone: (808) 449-7750

Commander: Col. John S.W. Lee
Public Affairs Officer: VACANT

STAFF

Editor: Sgt Gaye Sakamoto
Assistant Editor: SRA Wayne Acosta
Illustrator: Tsgr George Galasinao
SSgt Rodney Pascua

FOR THE FAMILY

RETIREMENT: BENEFITS TO LOOK FORWARD TO

Do you know about the benefits you will receive when you retire from the Guard? Many of us talk about retirement, but we may not be aware of all the benefits we will be entitled to.

If we invest 20 "good" years into the Guard and live to age 60, we will retire with many good benefits. And if you are married and/or have dependents at that time, they also will be eligible to some of those benefits. On or after your 60th birthday, you may obtain a blue identification card to set you on your way to your retirement years.

The following are some of the benefits available at retirement...

The primary benefit is a financial one. Everyone's monthly check theoretically will look different. A person's check will be determined by the number of points he/she acquired and the rank he/she held.

The commissary and base exchange will be a big plus, because it will be available for unlimited use.

You will be able to receive medical and dental care on a space available basis at a military hospital. Presently, there is no charge for outpatient care or for prescriptions. If you need to be hospitalized, there will be a small fee for officers and their dependents but no charge for enlisted members. Also, If you elect to take civilian medical care, you may use CIVILIAN HEALTH AND MEDICAL PROGRAM OF THE UNIFORMED SERVICES (commonly known as CHAMPUS). When CHAMPUS is used, your outpatient care expenses will be reduced to 25 percent after the yearly deductible amount of \$50 per person or \$100 per family. With CHAMPUS your inpatient care expenses will not exceed 25 percent of the total allowable charges. One drawback, though, is that you and your spouse will lose eligibility to use CHAMPUS at age 65. But at 65, you may qualify to use Social Security Medicare (Part A).

These are just some of the

benefits you will receive. I hope you have found the above information helpful. If your spouse or family member care to join me in helping families, he/she can sign up to be in a family support group with your squadron. Call me, Chaplain Robert Nagamine, at phone 449-9153, 955-3431 or 947-5008.

CBPO CONNECTION UNIFORM TIPS (AFR 35-10)

OUTERGARMENTS

Outergarments are items worn outdoors and removed in an office environment. The following uniform items are outergarments:

- a. Mens/Womens Cotton/Polyester Poplin and Polyester/Wool Gabardine Lightweight Blue Jacket.
- b. Mens/Womens All-Weather Coat
- c. All Weather Double-Breasted Coat (Men and Women)
- d. Mens/Womens Raincoat
- e. Mens Overcoat (Blue shade 1549, wool and polyester serge)
- f. Mens Overcoat (Blue shade 1605, polyester/wool gabardine)
- g. Womens Overcoat

PULLOVER SWEATER (MEN AND WOMEN)

May be worn under all authorized outergarments, except the Cotton/Polyester Poplin Lightweight Blue Jacket. It may be worn with any light blue long- or short-sleeved shirt or blouse with epaulets with tie/necktab. Collar must be worn inside the sweater.

EMERGENCY DATA UPDATE

Members are required to ensure that their DD Form 93, Record of Emergency Data, is kept up to date. The importance of this form cannot be overemphasized. The form is used to contact your next of kin if you are involved in an accident or become a casualty. You must also update the form when there is a change in marital status, spouse's address, parents' address, location or the number of dependents and military status of spouse. Stop by the CBPO Customer Assistance Section or see your Personnel Technician (GSUs) as soon as possible for any of these changes.

👉 OOPS! CORRECTION NECESSARY

BDU's will be the mandatory utility uniform for guard and reserve personnel effective October 1, 1990; instead of, October 1, 1989.

NEXT UTA DECEMBER 2 & 3

154 TAC HOSPITAL SHOTLINE



by Lt Adele Arcangeli

Congratulations to all in the HIANG! We are now at 50 % completion after the first month of flu immunizations. Considering all the areas deployed, having special training and different UTA dates, that's impressive. Please keep up the great work and encourage all your fellow members to get their flu shot now, when it will be the most beneficial to them. Thanks.

Healthful Hint:

With the holidays approaching, we will all be invited to parties, and also be giving parties. Enjoy the good times, but be careful about how much you drink. A study of 1000 guests at 8 parties where alcohol was served was done. The researchers wanted to see if making small changes in the way alcohol is served at a party can keep people from drinking too much.

Their finding: 1) People drank significantly fewer cocktails at "fix your own" bars than they did at bars which had a bartender on duty. 2) People drank more beer when "serve yourself" pitchers were available and drank less when a bartender was on duty. 3) If low-alcohol beer was available, guests drank the same amount as they would with regular beer. And lastly 4) People drank less alcohol at formal parties; and parties that involved a theme or costume; and drank more at crowded casual parties. So remember, if you drink, don't drive and increase the odds you will be with us in the New Year.

Dental Note:

Do you know the Tools & Techniques of cleaning teeth? First, you need a BRUSH. Select one that a) has soft and rounded bristles, b) is small enough to reach all the teeth in your mouth. Replace it about every 2 months, or sooner if worn out. Next, you need the right MOTION. A recommended method is with short, back-and-forth strokes using a gentle scrubbing motion. Also, use the right CLEANSER. Use a toothpaste that bears the American Dental Association seal of

acceptance. Lastly, use FLOSS. You cannot brush the hidden areas between teeth. Use floss to help remove plaque.



RMS ROUND-UP

From the Trenches & Pool

TSgt Lisa Rodrigues

Wasn't the October drill just yesterday? Oh, well, I guess time does fly ... Things are fairly quiet around RMS. Procedures and Analysis is preparing for its annual surveillance--sweet revenge for all the other sections. The Holidays are coming, and the winter swell is here.

Fresh back from McGhee-Tyson and the ANG Commander's Orientation Course, LtCol Willson Sakai wants to remind everyone to attend the annual HIANG awards banquet. RMS has 4 nominees. While you're out and around, the Nakuhinanuionokoa Hawaii wife's club is sponsoring a Christmas dinner at the Canon club on Tuesday, December 5, 1989. See LtCol Sakai for details.

The biggest small talk around the office is exams. All the UH students are gearing up for finals. Good luck! Don't forget to eat and sleep in between study sessions.

Kyle Ormita, son of TSgt Ben Ormita has been nominated to become a Congressional Scholar representing Hawaii in the National Young Leaders Conference in January and February of 1990. Kyle, who is a senior at Kamehameha High School, was also recommended earlier this year for the Who's Who Among High School Students.

Future leader Brandon Yuta (not the state) Hess is the first son for Sgt Michael Hess and his wife Chung Mi Lee.

Stop the press!!! The Squadron T-shirts are here! Let there be dancing in the streets! See SSgt. Henry Laguatan to pick your shirt up.

Is it true? TSgt Richard Abiva Sr. could be the next RMS retiree. We all hope that you don't miss the pain too much. Richard. Have a safe, happy, and uncomplicated Thanksgiving!

CAM SQ.

News & Views

BY MSGT FRED M. HIGA, JR.



Ah, November! The start of this year's holiday season. This is the month we honor our veteran's, past and present, for the sacrifices they've made to make this a great country to live in. As we look at other countries who have been less fortunate, it is gratifying to know that they also want the same kinds of freedom that we seem to take for granted, freedom that we owe to our veteran's. This is also the month we celebrate Thanksgiving, a time to get together as a family, a time to renew the bonds that make a family strong. Let's all take the time to reflect on the past and look to the future with renewed vigor as we continue to make our families, at home and at work, a strong one....Congrats to SSG Dale Zuttermeister of the Fabrication Section as he recently exchanged wedding vows with wife Ronnel. Good luck & best wishes. Congrats also goes to our newest promotees:

Greg Makishi	MSGT
James Chun	TSgt
Duane Balisbisana	SSgt

Wear 'em with pride. The welcome mat was put out last drill for SSG Dennis Fred as he transferred from the 201CCGp to our Job Control Section. Good to have you aboard... Ghosts and Goblins were out in force on Halloween nite trying to fix airplanes. Coordinating the 'maintenance effort' was SMS Hal 'The Witch' DeMello, Jim 'Indian Chief' Tachihata, TSG Gaylen 'Jason' (Friday the 13th) Benanua, SSG Art 'Punk Rock Gorilla' Kaai, SGT Miles 'Bolo Head Wolfman' Kaneshiro and ALC Sean 'Pirate' Malik. Good thing the Security Police were alerted to keep away from the

flightline, no telling what our 'guys' would have done...MSG's Tom Araki and Herb Okamoto just returned from their PIWG TDY to Kelly AFB, Texas and Robins AFB, Georgia. While in 'San Antone' they complained they froze their buns as they were remembering the Alamo. Wasssa colda in Georgia. MSG Richard Kudo confirmed that it sure was an eye opener when he landed in Atlanta and took the long ride to Dobbins AFB for his PMEL confab. Froze his too. SSG Gordon is off to Kulis ANGB, Anchorage Alaska, to get hands-on-training in the Automated Tech Order Management System (ATOMS) so that we can implement the system for our Squadron. Gordon taking orders for 'reindeer sausages'... Also going to Kulis are the 'C-130 boys', TSG Takao Wada (Team Chief), TSG Preston Ares, SSG Andy Park and Sgt Stan Souza. They'll be assisting the Kulis ANG perform the Annual Inspection for our C-130H for a month. Have fun guys...Speaking of the C-130, Crew Chief Elenore Lawson will be leaving the HIANG for the whiter pastures of Anchorage, Alaska as she transfers from here to join the Kulis Guard unit. Her husband, SSG Jason Lawson, has been transferred to Ft Richardson for a short tour, so Eleonore will be re-joining her comrades in Alaska as she was originally from the Kulis Guard before coming to Hawaii. Of her 4 years with the HIANG, Eleonore says it was the most rewarding experience of her entire career. They'll be taking the 'long route' to Alaska, picking up their car on the west coast, then driving cross-country to North Carolina and Ohio to visit family and friends. Then it'll be 'north to Alaska'. Good luck to you both...SSG Yvette Mirafior of the Admin office says the CAM Sq T-shirts are going like 'hot-cakes'. For \$6, you can have your choice of colors (pink, peach, blue, turquoise, & yellow). Better hurry, supplies are running low. Don't forget to ask for the pins and decals too...Don't forget to get your tickets for the HIANG Awards Banquet to be held at the Ft

CONTINUED ON NEXT PAGE...

CAM SQ continued

Shafter 'O' Club on 17 Nov. The HIANG Ohana and Kapena will be providing entertainment and the dinner menu looks real good. See your Unit Rep for information and tickets...Reminder...The Retirement Party for Col John Lee is scheduled for 30 Nov at the CRC. Contact your Unit Rep for cost and tickets. Lots of pupus and 'stuff' as we say a fond aloha and mahalo to Col Lee... Finally, now that we're in the holiday season, you will see more and more ads asking you to 'buckle up' and not drink and drive. That cannot be emphasized enough. Don't become a statistic!! 'Nuff said...Until next issue...If it weren't for the last minute, a lot of things wouldn't get done.' (author unknown)...fhiga

HNGEA NEWS

By: SSgt. Jan K.N. DeRego

The following members were elected into office for next year's 1990 HNGEA Executive Council:

SSgt. Jan K. N. DeRego, President
154RMS/LGSME HIANG

MSgt. Wayne Y. Soma, V.P.
154MSF HIANG

TSgt. Carl J. Simmons, Secretary
154MSS HIANG

MSgt. Elvin Nishioka, Treasurer
HQ HIANG HIANG

Air Councilmembers

MSgt. Al DeRego, 154CAMS
MSgt. Ken Enoki, 291CCSQ (Hilo)
MSgt. Ed Omine, 292CCSQ (Maui)
TSgt. Bernice Pharr, 154COMPG
SSgt. Donna Hara, 291CCSQ (Hilo)

Army Councilmembers

SFC Americo Morris (Kauai)
SFC Arthur Sampaga (Hilo)
SGT. David Aponte (Oahu)

More info on the HNGEA Annual Conference held in Hilo in Decembers issue of Puali Koa.

Announcing the 113rd NGAUS Conference to be held here in Honolulu, Hawaii; Sept 2-6 1991; Sheraton Wakiki Hotel. Volunteers are needed to help make this conference a

big success. If you're interested in participating in this important event, please contact SSgt. Jan DeRego, 448-0604, MSgt. Wayne Soma, 449-6986 or TSgt. Carl Simmons, 449-9589. The Kick-Off meeting for Hawaii '91 will be held on December 8, 89 at the 1-487th FA Gym; 1700 hrs. Purpose of this meeting is to formalize the committees organizational plans. All NCOs are invited to attend and enjoy the drinks and pupus to commence after the meeting.

Lastly, The Na Kuhina Nui O Na Koa Hawaii will be holding their annual holiday Christmas Dinner/Dance at the the Cannon Club, December 5, 89. An invitation is out to invite Sr NCOs and NCOs to this dinner. For tickets, see your unit commander(s) or SSgt. Jan DeRego, 448-0604 NLT Nov. 6. Don't miss a wonderful night out with our spouses.

ATTENTION MEMBERS

HNGEA is soliciting for volunteers in support of NGAUS (National Guard Association of the U.S.) 1991 Conference. If you're interested in supporting this conference, please contact SSgt. Jan DeRego, 154 RMS/LGSME, 448-0604 and/or TSgt. Carl Simmons, 154 MSS/DPR, 449-9589.

Have a Happy Thanksgiving.....

LAST CHANCE ... Sign Up!

HIANG AWARDS BANQUET

Friday, 17 November 1989

FORT SHAFTER OFFICERS CLUB
NO-HOST COCKTAILS 1800 - DINNER 1930

ENTERTAINMENT BY:

THE HIANG OHANA
&
KAPENA

DINNER

STEAMSHIP POUND, MAHI MAHI, TERY CHICKEN
MASHED POTATOES, RICE, MIXED VEGETABLE
TORROD SALAD, PICKLED BEETS, THREE BEAN SALAD
ROLLS, BEVERAGE, PUDDING, JELLO

Make checks payable to:
HIANG Awards Banquet

STILL ONLY
\$ 20.00

For tickets contact:

PROMOTIONS

Hats off to the following individuals who were promoted or appointed to the ranks shown effective on the dates indicated:

150 ACWS (FXD)

SGT VICTOR R. MORRIS JR	1 NOV 89
SRA BRADLEY K. JOHNSON	2 NOV 89
AMN STEVEN M. CARVALHO	10 NOV 89
AMN ROLAND SALCEDO	3 NOV 89

154 CAME

TSGT JAMES M. CHUN	1 NOV 89
SSGT DUANE D. BALISBISANA	1 NOV 89
SGT WILLIAM T. BOYER	27 OCT 89
SGT MICHAEL L. FISHER	3 NOV 89
SGT JASON VIERRA	27 OCT 89
SRA DANNY K. ARDO	13 OCT 89
SRA GREGORY J. HRIVNAK	4 NOV 89
SRA EDWARD W. HOLLAND JR	27 OCT 89

154SPF

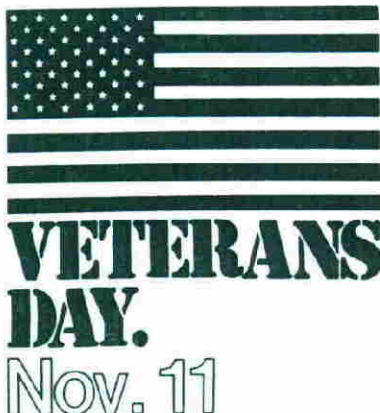
TSGT GARY L. WITT	1 NOV 89
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154 TAC HOSP

TSGT LESTER K. NAGAMINE	1 NOV 89
SSGT NANCY T. VENDIOLA	1 NOV 89
SRA NATALIE G. ECHEVARRIA	1 NOV 89
AMN LISA G. LEE	25 OCT 89

169 ACWS (FXD)

1LT JOSEPH J. HOLLIDAY	18 SEP 89
1LT DENNIS K. MATSUURA	18 SEP 89
SGT MARY S. HO	11 OCT 89
SGT DEREK E. MAU	31 AUG 89
SRA JEFFREY Y.F. CHUN	11 OCT 89
SRA BLAINE Y. KIMURA	11 OCT 89
ALC SCOTT W. SMITH	11 OCT 89
AMN GAVIN T. TSUDA	22 AUG 89
TSGT RICHARD M. KON	1 NOV 89



CHAPTER 18

ANG NCO ACADEMY GRADUATE ASSOCIATION MEMBERSHIP

BY SMSGT SONAN, CHAIRPERSON

The membership drive for calendar year 1990 starts today. Membership is \$3.00 per year. Eligible are those HIANG members who graduated from an accredited NCO Academy or Leadership school. Very shortly your unit membership committee representative will contact you. Join the association and get involved with the association projects. It's a wonderful feeling.

Presently, the membership is 120 (73%) of 164 eligible. Lets try to make calendar year 1990 100%. MAHALO!!

UNIT	REPRESENTATIVE	PHONE
HQ HIANG	MSgt Vivian Toma	734-2497
HQ 154 COMPG	SMSgt Ken Sonan	449-7736
154 CAME	MSgt Ronald Muronaga	449-2123
	SMSgt Samuel Saffery, III	449-5474
	MSgt Leonard Tam	449-2723
	TSgt Lionel Calvin	449-2123
	TSgt David Ferreira, Jr.	449-0297
	MSgt Richard Kudo	449-3849
154 BMS	TSgt Pamela Goya	449-0600
154 MSS/MSF	MSgt Iris Kabacawa	449-7794
154 CES	CMSgt Rodney Correa	449-8017
154 SPF	TSgt Robert DeCoster	449-0300
154 Tac Hosp	MSgt Robert Chun	449-2461
150 ACWS	SMSgt Richard Farm	655-7732
169 ACWS	SMSgt James Akamine	655-7367
199 TFS	MSgt Alwyn Yoshimura	449-2862

ATTENTION

ROYAL GUARD MEMBERS

A reminder to all Royal Guardsmen. There will be a practice session today at 2:15 p.m. on the makai side of Base Supply. This is in preparation for the up coming 26th Anniversary of the Royal Guard and the mounting of the Guards in front of the Iolani Palace on November 16, 1989. Please be prompt. Mahalo!

VOLUNTEERS!!

Volunteers are needed to act as Course Marshalls for the annual Patty Smith Fun Run on November 12, 1989 (Sunday) at the McCoy Pavillion, Ala Moana Beach Park. Reporting time is 6:00 a.m. For more information, contact MSgt. Wayne Soma at 449-6986 or 449-7772.

SPORTS

MIXED HANDICAP BOWLING

The "HIANG MIXED HANDICAP THREESOME" bowling league resumed another season at the Hickam bowling lanes with 16 teams participating. Welcome to the new guys from 201st/293rd. This is just the third week, but we can already tell it's going to be another "fun" league. With names like "YARDBIRDS", "LOYALISTS", "OVER-THE-HILL-GANG", "FLIP-FLOPS", "POWERS OF PAIN", "PAC-MANS", you can expect the "unexpected". You have to be there and feel and hear the comradeship, especially when "JG's" team finally won one game from the "over-the-hill-gang". Sounded like the UH/BYU game! The defending champs, "PJ'S" got off to a slow start and are in the middle of the pack. The "yardbirds"-(because they are all from the "SHIPYARD") are off to a perfect start and leads the league.

After four weeks of "rest", Charlie Calvin had a "red-hot hand", averaging 214 after 6 games, with "retiree" Pete Espinda a close second with a 202 average. Charles rolled a 685 scratch/715 with handicap series last week. Pete had a 227 high game and ended with a 652 series! "Nice going" guys! (Both of them are LEFTIES).

Our "rolling-reporter" was handed these bits of happenings during this past week: Retiree Hiroshi Go, picked up an 8-10 split, "Uncle Doug" bowled a 600 series and the "SEE-DA-LITE" team, bowled a 600 series.

The league is open to all HIANG personnel and their families. Bowling starts at 4:00p.m. at the Hickam AFB lanes, every Thursday. If you're interested in joining the "FUN LEAGUE" call the league sec/treas. Mel Wong, at 449-7832, or Pres. Ed Chun-Hoon at 449-7733. "Until next drill this is your "bowling reporter"...signing off.

P.J. ON NGB MARATHON TEAM

Sgt Paula "PJ-Powerhouse" Lindahl of the safety section, will represent the National Guard Bureau, by participation in the Marine Corps Marathon in Washington D.C. today. "PJ" qualified to be a member of the women's national marathon trials that held in Lincoln, Nebraska earlier this year.

BASEBALL TOURNAMENT

WHAT: SOFTBALL GAME (35 AND OVER VS 35 AND UNDER)

WHEN: 5 NOVEMBER 1989 (SUNDAY) 1600 HRS

WHERE: COMPOSITE RECREATION CENTER FIELD

WHO: OPEN TO 154 COMPG PERSONNEL

PRIZE: WINNING TEAM TO POLICE FIELD AND SECURE EQUIPMENT

IF INTERESTED, SIGN UP WITH:

35 AND OVER

35 AND UNDER



MGR: LARRY KAULEINAKU
(449-5545)

MGR: CRAIG ANAKAI
(449-5712)

ASS'T: CORNELL MATSUSAKA
(449-0301)

ASS'T: BOBBY FURTADO
(449-6582)

BASKETBALL TOURNAMENT

By: 2Lt. James Kawano

Once again, it is time for our Annual Oahu District Basketball Tournament. The tournament will be held at the Ft. Ruger Gym on the 19th, 26th, 27th and 28th of January 1990.

We ask for your assistance in providing a unit coordinator for a successful tournament.

Smaller units have been combined to ensure maximum participation. Members will play with their assigned or attached units. The top four teams from the District Tournament will qualify for the State Tournament that will be held February 17-18, 1990 on Oahu.

Please submit the name, and phone number of your unit coordinator by November 3, 1989 to Lt. James Kawano, 154 RMS/LGSC. A meeting for all unit coordinators and coaches will be held on November 5, RMS Training Room at 8:15 p.m. For more information call Lt. James Kawano at 449-0089/88, or MSgt. James Pahukula, 154 CAM/MSL at 449-1201.



CAPT. JAMES HIKITA TSQT. CARSWELL ROSS

WOMEN IN THE MILITARY

This article was written by Paula Lee Potts (Military Lifestyle, October 1989), "Women and the Military: Nine Decades of Change".

Today, 10.7% of the total U.S. military is made up of women.

1901: Congress established Army Nurse Corps (women did not hold rank, nor were they eligible for benefits).

1942: Women's Army Auxillary Corps (WAAC) established.

1944: Military women were given full military status to serve the duration of the war plus six months. More than 350,000 women served in World War II.

1948: Women's Armed Services Act gives regular and reserve status to military women but confines their role by restricting the number of women to 2% of the total force, by limiting each service to one female line colonel, and by preventing women from being eligible for promotion to general or admiral. Most restrictive of all is a combat exclusion provision which prevents Air Force and Navy women from being permanently assigned to aircraft or ships designated for potential combat missions. The Secretary of the Army was to decide Army policy and a female combat exclusion policy was adopted.

1951: Congress temporarily lifts the 2% limit due to Korean War.

1955: Women make up less than 1% of the military.

1967: The 2% cap is removed and ranks above O-5 are opened to women.

1969: Women are allowed to enroll in Air Force ROTC programs.

1970: The first women to reach the

rank of brigadier general: Anna Mae Hay, chief Army Nurse Corps, and Elizabeth P. Hosington, director, Women's Army Corps.

1971: First Air Force woman is promoted to brigadier general: Jeanne Holm, director, Women in the Air Force. Husbands of female military members are authorized unlimited exchange privileges.

1972: First Female Navy rear admiral, Arlene B. Duerk, receives a star.

1973: In *Froniero vs. Richardson*, the Supreme Court rules that dependents of military women are eligible for the same benefits as military men. Women are allowed to enroll in Army and Navy ROTC programs. First woman receives 2 stars: Air Force Maj.Gen. Jeanne Holm. End of Male draft and beginning of the all volunteer force. Navy women become naval aviators.

1974: Marine Corps opens the fleet Marine forces to women. Army women enter flight training.

1978: In *Owens vs. Brown* the D.C. District Court ruling forces the Navy to let women serve on vessels other than hospital ships.

1980: Draft registration resumes for men, but not women.

1981: In *Goldberg vs. Rostker* Supreme Court rules that Congress has the Constitutional authority to exclude women from military draft.

1986: New standards for assessing combat risk are set, opening 24,000 new jobs to women.

As military lifestyle changes in response to modified institutional and societal standards, the role of military women will continue to evolve. Progress toward full utilization and acceptance is being made daily. With every new step forward, women in the armed forces are proving their ability to contribute to the Nation's defense.

In closing, women comprise 10.7% of the HANG. Enlisted women 11% (216), and women officers 7.2% (15). Statistics as of October 4, 1989.

Deadline for KUKAILIMOKU SUBMISSIONS IS 1200 Hrs on UTA Saturday!

TODAYS MENU

IMU STYLE - ROAST TURKEY
SWEET POTATOES
STUFFING w/DRESSING
BEETS
WHITE CAKE

OREGON EMPLOYERS SUPPORT



PHOTO BY MSGT. RON BIHO

Col. John S.W. Lee greets Mr. Robert Mitchell, Chairman of Oregon Employer Support of the Guard and Reserve, during their visit to the 154 COMPG on October 27th.

FAMILY HANDBOOK

By Capt. Stanley Osserman

Getting your personal affairs in order has never been easier than now with the Hawaii D.O.D. "Family Handbook". The handbook is a comprehensive and easy to use tool to insure that your family and home life are well organized.

Many of us spend a great deal of time and energy organizing our educational goals and careers. Without attention to our personal and family needs, all of our efforts towards organizing our professional life are futile. The "Hawaii National Guard Family Handbook" doesn't just help you plan for the future, it will help you get organized today, save you valuable time and give you peace of mind right now.

Contact your unit First Sergeant or Commander for your FREE copy.

1989 State DOD Christmas Concert

The 1989 State DOD Christmas Concert will be held on Sunday evening 17 December at the Neal Blaisdell Concert Hall. There will also be a concert on the Big Island on Friday evening, 15 December 1989 at the Hilo Auditorium.

These events have traditionally been great fun for both the children and the adults. The evening's entertainment will be provided by the 111th Army Band and the HIANG Ohana. This Concert is exclusively for members of the Hawaii National Guard, their families, and guests.

If you and your family would like to attend, fill out the ticket request (see below) and send it in a "Puka envelope" to 154 COMPG/DOI.

SEE YOU AT THE CONCERT!!

YES! I would like to attend the 1989 Christmas Concert. Please put me down for the following tickets.

_____ Children _____ Adults

Check One:

☐ Hilo Friday, 15 December

☐ Honolulu Sunday, 17 December

Name: _____

Unit: _____

Phone No. _____

Check here if change to previous ticket request.

Put in "PUKA ENVELOPE" mail to 154 COMPG/DOI



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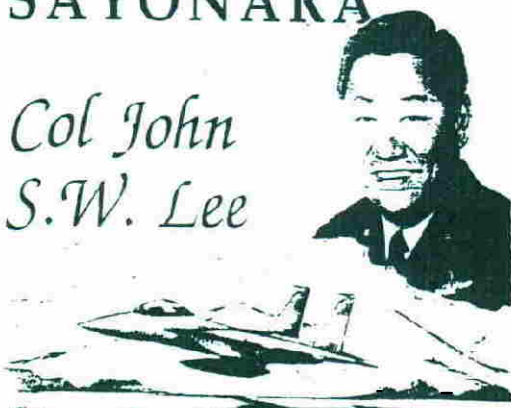
well as have peace of mind that you will get home safely. Also, if you are a host or hostess, encourage your own designated driver program where somebody agrees to not imbibe in order to get others home safely. Or as a minimum, make arrangements for a place to sleep for those who may have had too much to drink.

If you are a guest at a function, simply DON'T DRINK AND DRIVE. If you have had too much to drink, ask a friend to drive you home, call a taxi, or ask the host if you can sleep there. If you haven't been drinking, be aware of your fellow guests who may be intoxicated. Offer to drive them home, or call them a taxi. Whatever it takes. Remember FRIENDS DON'T LET FRIENDS DRIVE DRUNK.

In conclusion, let's keep the Holidays happy this year and all the years to come. If you have any questions, contact the 154 SPF at 449-0300.

SUPERSONIC SAYONARA

Col John
S.W. Lee



Date: Nov 30, 1989 at the CRC

Time: 1530 to 2030

Cost: \$20.00 (incl. gifts & gift only)

Continue your Unit Rep for Tickets: ** Check Payable to: 154 SPF

Your Unit Rep _____

NO PARKING

There will be no parking in front of the CBPO on December 3, Sunday due to the Change of Command Ceremony. The parking will be closed off December 2, Saturday night.

NA KUHINA NUI O NA KOA HAWAII CHRISTMAS DINNER DANCE

WHO: All Hawaii Guardsmen and Guests
WHEN: December 5, 1989
6:00p.m. Cocktails
6:30 p.m. Dinner
WHERE: Cannon Club (Diamond Head)
ATTIRE: Mess Dress or Service Dress Uniform (Class "A") for military members and formal attire for civilians.
COST: \$30.00 per person. Checks payable to "Na Kuhina Nui O Na Koa Hawaii".

Proceeds benefit Na Kuhina Nui O Na Koa Hawaii projects such as the Hawaii National Guard Scholarship fund. Please see your unit representative or Commander for tickets.

Take the KUKAILIMOKU home for the whole family!!!

Editor's Note: Our computer decided to take a "rest" and breakdown, so our print quality is not up to our usual standards. The computer should be working next drill.

