



# Kukailimoku

## War God Of King Kamehameha I - 154 Group

Vol. 40 No. 02

Hickam Air Force Base  
Hawaii

February 5, 1994

### 203 AREFS Nav Takes Top Honors

by Lt. Cbl. Walter Kaneakua Jr.  
1st Lt. Charles Anthony

The newest navigator in the 203 Air Refueling Squadron has demonstrated once again that the HIANG has some very talented people within its ranks.

On January 20, 2nd Lt. Sandra Nakano earned her wings and was named the overall Distinguished Graduate from the first Undergraduate Navigator Training (UNT) class held at Randolph Air Force Base, Texas.

Lt. Nakano was also presented with the Ira J. Husik Award as the top Navigator Track gradu-

ate, in recognition of flying excellence achieved during flying phases and reflects the highest possible standards.

Squadron commanders at the 562nd Flying Training Squadron at

Randolph AFB said Lt. Nakano was a class leader who willingly helped fellow students get through the tough program.

Lt. Nakano is now assigned to Castle Air Force Base, California where she is undergoing KC-135R training before she returns to Hawaii as a line tanker navigator with the 203 AREFS.

Lt. Nakano worked her way up the enlisted ranks as a analyst technician with the 154 (Composite) Group headquarters before receiving her commission.

### New Mexico F-16s Arriving This Weekend

by 1st Lt. Charles Anthony

The 154th Group will be hosting members of the New Mexico Air National Guard beginning this weekend. Eight F-16s from the 150th Fighter Group (150 FG) are scheduled to arrive Sunday, February 6 for two weeks of Dissimilar Aircraft Combat Training (DACT). The exercise, named Sentry Cactus, is an important element in maintaining the readiness of the 199th Fighter Squadron and the 150th FG to accomplish their air defense and air superiority missions. Sentry Cactus is one of several such exercises throughout the year that allows HIANG pilots to train with "opponents" flying fighter jets different from their own.



2nd Lt. Sandra Nakano receives her wings and distinguished graduate award at Randolph AFB, TX.

Photo by TSgt.  
Dan Y. Kiyochiro



## COMMANDER'S CORNER

By: Col. Michael H. Tice



### COMMANDER'S ACTION LINE

**QUESTION:** What happened to the HIARNG Band's Christmas Concert?

**ANSWER:** The ever popular event was not possible this past Christmas due to conflicting requirements on the band. The possibility of a spring concert is being discussed at State Headquarters. Hopefully, a Christmas concert will be possible again next year.

**QUESTION:** Are we ever going to have our coral parking lot paved?

**ANSWER:** We're working hard to see that happen. The HLANG wants to see it done as does the 15th ABW. Plans have been drawn that would create a Magic Island sort of setting with paved parking, curbing, and an ocean-front green belt. Money is the limiting factor, and if nothing else, we'll continue to make improvements incrementally. The next set are slated to be a part of the construction of the Composite Support Facility that will house the dining hall, hospital, CBPO and finance.

**QUESTION:** When is the 169th AC&W Squadron getting a permanent commander? It has been seven months since Lt. Col. Oka left the unit.

**ANSWER:** A nomination for the military commander/air technician detachment commander has been forwarded to State Headquarters for approval. Hopefully, we will be making a formal announcement of the selectee soon.

**QUESTION:** Ever since the "Cold War" ended, why does it seem that our everyday pace has picked up?

**ANSWER:** Good question, and the answer is a complex one that boils down to organization, equipment and mission. The ending of the

"Cold War" coupled with budget pressures are the events most responsible for the tremendous change taking place in the Air Force and the Air National Guard, though we're lagging by several years.

Organizationally, we want to look like the Air Force and are currently involved in re-organization to the "Objective Wing" structure. In a nutshell, the current resources and maintenance functions combine, part of the maintenance function goes to the flying squadrons and we end up with an organization consisting of an Operations, Logistics and Support Group, with an overall Headquarters.

As regards to equipment, Gen.

Richardson, TAG Hawaii and our leadership at State Headquarters have been extremely proactive over the years in working with HQ PACAF, the NGB and our congressional delegations to insure we're postured to be a viable force well into the 21st century. We're seeing the results of those efforts now with MSIP F-15S being equipped with chaff and flare countermeasures and our undertaking several test projects to increase survivability and lethality. The KC-135R squadron, just a year old, will receive additional airplanes, doubling their size by this time next year. Finally, we expect to activate a C-130H Tactical Airlift Squadron with four aircraft by the end of this fiscal year. Coupled with the robusting/activation of the KC-135s/C-130s will be a debusting of the F-15 unit from 24 to 18 authorized aircraft.

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### KUKAILIMOKU

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## Perspective

### A S T O R S'



*By Chaplain (Capt) Robert Nagamine*

Have you ever wanted something so bad that you found yourself praying really hard for that thing? On a few occasions, many of us may have found ourselves in that situation. We all have our own set of special wants and needs.

And so you cry out to God: "Please help me and give me what I'm asking for!" My guess is that most of the times you would expect only one of two answers: "Yes" or "No."

But let me suggest that there are many more possible answers besides a simple yes or no. Among many, the following are seven possible ways that God may answer our prayers.

Sometimes He may say: "Not yet." The timing may not be right. You just have to be patient. There is a time for everything and now isn't the time. Don't worry, your turn will come. Hang in there.

There are times when He may say: "No, you don't know what you're asking for." Sometimes, if you were to get what you're asking for, you'll be disappointed. Somehow things won't be as you expect it to be. In other words, "The grass isn't greener on the other side."

Occasionally, He may surprise you with an answer like: "No, I will show you a different and better way." Out of the blue, from left field, He may come up with something or some way that is beyond the realm of normal logic. It'll be better.

God knows what is best for you, so sometimes He says: "No, it's not good for you." God looks at the big picture, the grand scheme of things, while we many times look for the pleasure

of the moment. Take heart, in the long run things will look better.

Of course, only part of the time He responds in the negative. Sometimes He says a simple: "Yes, just what you want!" A picture perfect gift from God. Just be thankful that God is gracious to give you what you want.

Another affirmative answer is: "Yes, and I will give you more." Imagine a person praying for just a chance to compete in the Olympics and a chance for the bronze medal, but ends up winning the gold!

And finally, an answer we sometimes don't expect: "Yes, but I'm waiting for you to do your part!" Sometimes we think that God is just going to hand it to us on a silver platter, without any effort on our part. He expects us to use our minds and abilities. He has already equipped us with what we need to strive for what we many times want.

May God continue to give us what are best for us, rather than what we want.

## For the Family

It was good that many lives were spared during the California earthquake on January 17. Because the earthquake happened on a holiday and early in the morning, the loss of life was minimized. That's good news.

But the bad news: the loss and damage of property were in the Billions. And the estimated cost continues to rise the extent of destruction is assessed and felt.

It's hard to believe it but the people of California were more fortunate than not for two reasons: (1) property can be replaced, rather than lives and (2) this earthquake wasn't the expected "Big One." Can you imagine what the "Big One" will be like?

Our country has faced its share of calamity in recent times: Hurricanes Andrew and Hawaii's own Iniki, and the Great Flood of the Midwest, to mention a few. And now this earthquake.

*See Family on Page 7*



## Legal Line

by Staff Judge Advocate

For some reason, several people of late have asked me about getting a LIVING TRUST and/or a LIVING WILL. I have a feeling that some may be confusing the two instruments, so let's clear things up. This month, we'll do living wills.

The living will, which actually is not a will at all, is a way of assuring that expensive and hopeless medical measures are not taken to needlessly prolong life where there is no hope for recovery. With the shield of a living will, noble, but perhaps financially ruinous procedures to postpone the inevitable death can be avoided in those cases where neither the patient or their loved ones would benefit.

The following is the format found in the Hawaii Revised Statutes:

### DECLARATION

Declaration made this \_\_\_\_ day of \_\_\_\_\_, \_\_\_\_ I \_\_\_\_\_ being of sound mind, and understanding that I have the right to request that my life be prolonged to the greatest extent possible, willfully and voluntarily make known my desire that my dying shall not be artificially prolonged under the circumstances set forth below and do hereby declare:

My instructions shall prevail even if they create a conflict with the desires of my relatives, hospital policies, or the principles of those providing my care.

If I should develop a terminal condition or a permanent loss of the ability to communicate concerning medical treatment decisions, with no reasonable chance or regaining this ability, I do not want to have my life prolonged. I would not want to be subjected to surgery or resuscitation. Nor would I wish to have life sustaining medicine or procedures. Instead, I request care, including medicine and procedures, for the purpose of providing comfort and pain relief.

### CHECKLIST

I have also considered if I want tube feeding to be provided and have selected one of the following provisions by putting a mark in the space provided:

( ) I do NOT want my life prolonged by tube or other artificial feeding or provision of fluid by a tube if my condition is as stated above.

( ) I DO want my life prolonged by tube or other artificial feeding and provision by fluids by a tube if my condition is as stated above.

If neither provision is selected or if both are selected, it shall be presumed that tube or other artificial feeding or provision of fluids by a tube are requested to prolong the declarant's life.

This declaration shall control in all circumstances.

I understand the full import of this declaration and I am emotionally and mentally competent to make this declaration.

Signed \_\_\_\_\_

Address \_\_\_\_\_

### Statement of Witnesses

I am at least 18 years of age and

- not related to the declarant by blood, marriage, or adoption;

and

- not currently the attending physician, an employee of the attending physician, or an employee of the health care facility in which the declarant is a patient.

The declarant is personally known to me and I believe the declarant to be of sound mind.

Witness \_\_\_\_\_

Address \_\_\_\_\_

Witness \_\_\_\_\_

Address \_\_\_\_\_

Subscribed, sworn to and acknowledged before me by

\_\_\_\_\_, the declarant, and subscribed and sworn to

before me by \_\_\_\_\_ and \_\_\_\_\_

witnesses, this \_\_\_\_ day of \_\_\_\_\_, 19\_\_.

Signed \_\_\_\_\_

Notary Public

State of Hawaii

My commission expires:

## 154th Tac Hospital Changes Commanders

by Maj. Galen R. Yoshimoto

Brig. Gen. David M. Rodrigues, Commander HIANG, has named Lt. Col. Myron Tong as the new commander of the 154th Tactical Hospital. Lt. Col. Tong replaces Col. Norberto Baysa, who returns to HQ HIANG as the State Air Surgeon.

Lt. Col. Tong is a Traditional Guardsman with many years of service in our hospital. In civilian life, he is a medical administrator at a local hospital.

When we went to press, plans called for the official change of command ceremony to occur this weekend.



## HIANG EDUCATION OFFICE



### Customer Service Hours

Monday-Friday 7:30 a.m. - 4:00 p.m.

UTA 9:00 a.m. - 3:00 p.m.

### Career Kokua Hours

Monday-Friday 2:00 p.m. - 3:00 p.m. or by appointment

UTA 11:30 a.m. - 12:30 p.m. or by appointment

### Location

Building 3415, 2nd Floor, CBPO, Phone 449-7794

**CCAF (Community College of the Air Force)** - Degree candidates for CCAF needs to submit their graduation requirements to the Education Office by March 3, 1994. Graduation is scheduled for April 1994.

### Traditional Guard Positions Available -

154 Mission Support Flight has the following openings:

E-6/TSgt	2E371	(30676)
E-6/TSgt	3C171	(49271)
E-5/SSgt	3C151	(49251)
E-4/SrA	2E153	(30454)

Please contact MSgt. Sensano at 449-6582 if you are qualified and/or interested in any of the above positions.

### HWAC (Hickam Wheeler Aero Club) -

The HWAC can help you achieve your aviation career goals. Private pilot through airline transport pilot instruction is available. For eligible members, VA will pay up to 60% of training costs for a commercial/instrument certificate, multiengine rating, or to remove a multiengine land centerline thrust limitation. Please contact the Hickam Aero Club at 449-1228 or the Wheeler Aero Club at 656-1091.

## In Memory of TSgt. Eddy Compoc

by CMSgt. Cornwall Matsusaka

TSgt Eddy Compoc of the 154 RMS passed away after participating the Hawaii National Guard (HING) Fun Walk/Run event, Bellows AFS, on January 17, 1994.

The untimely passing of Eddy left a void in our lives and the Air National Guard Sports Program. He was always willing to assist us in organizing, chairing, and/or coaching a team; not to mention being an active participant himself in our volleyball tournaments. Eddy had a character and personality that endeared him to all who came in contact with him. Aloha Eddy, God Bless you and thanks for the memories ... we all miss you.

## 1994 HING State Volleyball Tournament

The 1994 HING (Hawaii National Guard) State Volleyball Tournament is scheduled for April 15 - 17. It will be held at the Keawe and Kekuhaupi'o Gyms at the Kamehameha Schools Campus. Competition will be held in four divisions. Interested members may contact your unit athletic coordinator or the following individuals:

Chairperson	MSgt. Rose Vendiola	449-7794
Asst. Chairperson	SSgt. Sing	449-5105
Men's Open	TSgt. Campos	449-7795
Men's Master	MSgt. Pahukula	449-1201
Mixed (Co-Ed)	TSgt. Naumu	449-1902
Women's	MSgt. Kauleinamoku	449-5545

Next Drill Will Be  
March 5th and 6th



## Pre-Retirement Planning Workshops

Two pre-retirement planning workshops scheduled for Wednesday, March 2nd and Thursday, March 3rd from 8:00 am to 4 PM.

Wednesday's session will be held in the 201 CCGP auditorium and Thursday's session will be held in the HQ STARC, HIARNG multipurpose room, Fort Ruger complex.

These workshops will provide prospective retirees with information regarding benefits, financial planning, tax information, wills and trusts, social security, etc. Based on changes to laws and regulations, these workshops will aid in visualizing the complex documentation requirements and need for retirement planning.

Those who are within five years (50 years of age with 25 years or more of creditable Federal civil service) of retirement under the Civil Service Retirement System (CSRS) are invited to attend. Pre-retirement workshops applicable to those in the Federal Employees Retirement System (FERS) will be scheduled in the future.

For more information, you can call SGM Richard Ono at 737-7271.

## HNGEA Scholarship

Scholarship applications for school year 1994/1995 are now being solicited.

Deadline for application submission is May 31, 1994.

Application may be obtained from your orderly room or from the following individuals:

Any HNGEA Councilpersons  
SSgt. Pam Yashiki at 449-7721  
MSgt. Wayne Soma at 449-6986

## Senior NCO and First Sergeant's Conference, January 20-22, 1994

by CMSgt. Cornwal S. Matsusaka

Hawaii Air National Guard Senior NCOs and First Sergeants throughout the state concluded a very productive conference at the Pacific Beach Hotel in Waikiki. The three-day conference consisted of general briefings, work group sessions and a Chief and Senior Master Sergeant Council meeting. The consensus among conferees was that this was the most interesting, informative and productive Senior NCO conference ever. Attendees were made aware of future programs and trends both at the local and national levels. Guest speakers were very knowledgeable, motivated and well prepared.

The Chief and Senior Master Sergeant's Council meeting was dedicated to review and/or reevaluate the so called "89" Council's goals and objectives. After much discussion, council members made a renewed commitment to better serve the enlisted force. As a result, new officers and ten Board of Directors were elected to revitalize the "89" Council. The 1994/95 Executive Board consists of: CMSgt. George AhChong, President; CMSgt. Kenneth Morimoto, Vice President; SMSgt. Kenichi Sonan, Recording Secretary; SMSgt. Debra Brownhill, Corresponding Secretary and SMSgt. Gayle Tom, Treasurer. We ask all senior NCOs and commanders for their support of the newly elected "89" Council officers.

The highlight of the Senior NCO conference was the "best dress" formal banquet held on the evening of January 22. Major General Edward V. Richardson, state adjutant general, Brigadier General David Rodrigues, HIANG Commander, Group and unit commanders, and other invited dignitaries were in attendance. Maj. Gen. Richardson, the key note speaker, provided



*Senior Continued from Page 7*

the Senior NCOs and their guests with an excellent overview of the Hawaii National Guard's accomplishments and future plans, equipment, facilities, and people programs. Brig. Gen. David Rodrigues presented his management philosophy, concerns, and expectations of the NCO corps.

The success of this year's conference was mainly attributed to the planning and coordinating efforts of our Senior Enlisted Advisor, Chief Delbert Dandurant; Chief Darryl Ho, Steering Committee Chairman; the various committee members; and General Rodrigues who provided command support for the NCO corps. In addition, Mahalo to our guest speakers and to all conferees for making this a most productive Senior NCO Conference ever.

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## Beeline

*by TSgt Laura Masuda, Bioenvironmental Eng Svc*

**Carbon Monoxide Poisoning** - Carbon monoxide (CO) is a colorless, odorless gas. It is a byproduct of incomplete combustion of organic material. Carbon monoxide is found mainly in smoking, internal combustion engines, and heating equipment. It is considered toxic due to its ability to combine with hemoglobin (Hb) thus, avoiding oxygen to be transmitted to the lungs and body tissues. This is CO poisoning.

Mild symptoms of CO poisoning (COHb levels of 10-20%) can be vague from mild headaches to drowsiness. Symptoms become severe when the COHb level is beyond 25%. (nausea, judgment impaired, coma, death).

A major source of carbon monoxide is tobacco smoke. Cigarette smoke contains over 2% of COHb. One pack smokers have 5-6% COHb in their blood. Two or three pack smokers have 7-9% COHb blood level and heavy cigar smokers may reach 20%.

When carbon monoxide is being emitted, effective local or general ventilation is necessary. Reducing carbon monoxide from internal combustible engines can be done by replacing them

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with electric ones. Workers exposed to carbon monoxide producing equipment in a poorly ventilated area should protect themselves with a universal gas mask with appropriate filter.

During a rescue, remove the victim from the contaminated environment to a well ventilated one. Resuscitate, oxygenate, and transport to a medical facility immediately. The rescuer should wear a proper respirator before rescuing the victim to avoid also becoming a victim.

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*Family Continued from Page 3*

In the aftermath of every one of these devastating events, people have always expressed how important their families are to them.

Your family can be a source of strength and comfort in turbulent times. Have you noticed: you have more friends than you can count on, when you're a success; but when you're in need, among the few you can count on is your family.

The lesson learned here is to give priority where priority is due. Spend time with your family. Make sure that your family doesn't always get the leftovers of your time. Within an instant, all of your acquired materialistic possessions could be here one minute and gone the next. Spend your time and energy on building your family, relationships that count and last. Remember, your family is your best supporter!

I hope the above will challenge you to spend more time with your family. If you want more help for your family, have your spouse or family member join a family support group. To do this, contact your unit.

## CPR Instructors

**Renewal class for current instructors is scheduled for March 5, 1994. Please sign up with 154 TAC HOSP. Point of contact is 1st Lt. Dennis Alvaro at 449-2461.**

**Place - OTF Classroom**

**Date - March 5, 1994**

**Time - 9:00 a.m. - 4:00 p.m.**

**Prerequisite - current BLS/I**





## CAMS

### News and Views

By MSgt. Fred M. Higa, Jr.

Happy New Year, folks!!! Didn't have an article last month, mainly due to no news as well as my being on vacation the end of December. But here we are again, ready to start the new year with renewed enthusiasm and all that good stuff. Actually, I'm still skosh for news this month, not much happening in the land of "THE BEST", but here goes anyway... The welcome mat goes out to A1C Mike Kobayakawa as he just started basic training last month. He'll be going to the aircraft electrician school right after basic. Amn Michael Guerrero is attending tech school at Sheppard AFB and will be joining his comrades in the Repair and Reclamation Shop soon. The Repair and Reclamation shop also welcomes SSgt. Adrian Tanaka who has decided to transfer to their ranks... Congrats are in order for SrA Vince Moreno and wife Lavinia on the birth of twin sons, Orlando and Genaro on Thanksgiving Day last year. Now the work begins, huh? Congrats are in order for our recent promotees: CMSgt. Roy Kuwana, SSgt. Edmund Billena, and SrA Roger Ramos and Kenneth Matsumoto. Wear 'em with pride!!! Henry 'Hawkeye' Hasuike was recently awarded the Expert Marksmanship ribbon for hitting the bulls eye 39 of 40 times. He'll be taking aim on Edwards AFB as he takes part in the 'Pacer Turbo' program along with several of our troopers... SSgt. Jason Koga was awarded the Air Force Commendation Medal for his assistance in finding and rescuing 2 men who were stranded 12 miles out of Kaneohe Bay last year. Good job, Jason!!! We've got a full plate of activities this year with conversions, activations, computer training, LAN implementation as well as the re-organization of the 154 Group all needing atten-

tion before the end of summer. We've also got to prepare for our impending Quality Air Force Assessment (QAFA), or UEI as we knew it in years past. Let's roll up our sleeves as get the job done!!! Our new bypass road is starting to look good, with a new jogging path and nice planter boxes along the main road. Don't drive on the newly planted grass areas as the ground is still soft... On a more somber note, our condolences go to MSgt. (Retired) Rudy Luat and his family on the recent passing of his wife Betty. She was a strong CAM Sq and HIANG supporter and will be missed by all of us. Our hearts and thoughts are with you Rudy... Condolences also to the family of the late TSgt. Eddie Compoc of the Accounting and Finance office who also passed away last month... The passing of our two friends really puts life in perspective for many of us. For me, I've made it a point to make the most of life, spend quality time with my family and take each day as it comes... Such is life!!! Til next month, "Life is a play! Tis not it's length, but its performance that counts." (Seneca)... fhiga

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Commander Continued from Page 2

*Missions are the third area driving the apparent change in pace. As the active force has downsized, the Guard has proportionally assumed a greater share of missions. On the flying side of the house, KC-135s and C-130s from the ANG operate worldwide, every day in support of the active force. The drawdown in Tactical Fighter Wing equivalents to 20 will have ANG fighters assuming an increased role in active force missions, also. The current strategy is one of sizing the military to engage in, and win, two "major regional conflicts" simultaneously. To do this will require early participation by the reserve forces. If nothing else, this alone will drive renewed interest in maintaining the highest readiness levels our training dollars will buy, and our daily pace.*