



Kukailimoku

War God Of King Kamehameha I - 154 COMP G

Vol. 35, No 5

Hickam Air Force Base
Hawaii

May 7, 1989

ALOHA COL KUNICHKA !

by Capt. Stan Osserman

The Hawaii Air National Guard bids a fond aloha to Col Richie Kunichika this month as he retires after 33 years of dedicated service to the HIANG. Col "Kuni" has been the soft spoken yet driving figure in many of the achievements of the 154th Composite Group over the past two decades.

Col Kunichika brought out the best in his subordinates and contemporaries alike, by guiding them with his practical approach to problem solving and planning. His dedication and leadership have been respected by all of us who have had the honor of working and flying with him.

What the future will hold for Col Kunichika is a mystery to most of us, but one thing is for certain, he's going to be the best at doing whatever it is he chooses to pursue and right now I'm putting my money on golf and fishing!

Good luck Col Kuni, We're gonna miss ya!



Col. Ritchie Kunichika, Director of Operations, 154th Composite Group, retires after over three decades of service in the HIANG.

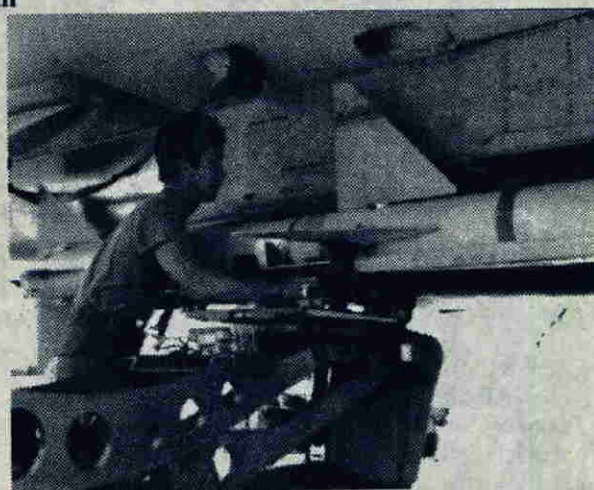


PHOTO BY STAN OSSERMAN

Practice makes perfect: Loading the AIM-7 "Sparrow" takes team-work and practice to insure that the fighter and it's pilot can do their deadly job.

On Again, Off Again, SAGE IS ON AGAIN!!!

Well, it looks like a real GO this time as 18 Officers and 107 of our NCO/Enlisted corps get themselves geared up for the first major deployment we've had with our new F-15's.

The deployment to Clark Air Base, in the Philippines kicks off on Armed Forces Day, May 20th, and our eight aircraft and support teams are scheduled to be back home on June second. While there, our air crews will get a chance to fire live missiles at drone targets and participate in Dissimilar Air Combat Tactics (DACT) with "aggressors" from the 3rd Tactical Fighter Wing at Clark AB.

Maintenance and Support personnel are slated for their fair share of training too, with an aggressive flying schedule to contend with and an incredible logistical and planning challenge facing them each day.

It won't be all work, however, there will be time built into the schedule for everyone to experience the cultural and historical wonders of the islands. Mabuhay and good luck to our HIANG good will ambassadors.

154TH WING
HISTORY OFFICE

CHIEF # 2, 98. 304

Commander's Corner

by
Col John S.W. Lee



As of yesterday, we bid aloha to Colonel Ritchie K. Kunichika, who retired his career with the Hawaii Air National Guard after serving his initial tour in the U.S. Naval Reserve from May 27, 1953 to December 6, 1956. Kuni then joined the HIANG from December 7, 1956 until yesterday. He went through four of our five fighter aircraft conversions, thus flying the F-86, F-102, F-4, and F-15. He distinguished himself as the resident expert in all of our aircraft and Aircraft Control and Warning operations.

An avid golfer, Kuni can play left or right handed using the same clubs. In addition, his latest acquisition, something that originally looked like Noah's Ark, is taking shape into a fishing vessel. Quiet and self contained, Kuni's future plans remain within his sphere of choices.

It's deployment time and those fortunate enough to be selected will visit the land of "7000 islands" and 40 million people. The culture is rich with Malay, Chinese, Indian, Spanish and American influences... which makes each return trip to the Philippines a new adventure. It will be just about the end of the dry season and start of the rainy period while we're there. For both flying and traveling, we are optimistic that events will be equally productive. Plan ahead and take advantage of Morale Welfare and Recreation (MWR) tourist scheduled events.



Lt Col Michael Tice, left, briefs Maj General Lum during his recent visit.

Maj General Alexis Lum, Adjutant General for the state of Hawaii, visited the 154th Composite Group on April 26th and was briefed on recent changes in our Group force structure and missions.

Colonel Bartlett Retires

New Commander for the 6010th Aerospace Defense Group

The 6010th Aerospace Defense Group, our active duty partners in Hawaii's air defense, has a new commander. Col James J. Bundschuh replaced Col Robert R. Bartlett in a change of command ceremony last Friday to become the new 6010th AERODG/CC. Col Bundschuh is not new to Hawaii or our mission, however, as his new job represents a promotion from the Vice Commanders and Director of Operations jobs that he has held since 1986 with the 6010th and the "old" 326 Air Division.

The former 6010th commander, Col Bartlett, plans to retire now and is moving to Tampa Florida with his wife Joan. Col Bartlett commanded the 6010th since June of 1986 and worked closely with the 169 ACWS and HQ 154 COMPG on air defense matters.

Aloha Col Bartlett and welcome to Col Bundschuh!

Day Care Survey

The Career Advisory Office is conducting a survey of HIANG members that would be interested in utilizing day care facilities for children six months to 11 years old, (at a minimal cost) during Unit Training Assemblies (UTA's). If you are interested, please contact your Unit Career Advisor, or call Msgr Iris Kabazawa, at 449-7794.

Please write or call in before May 31st!!!

Commissary update

There is no new information on the proposed implementation of new "Guard" commissary privileges. As it stands now, members or their authorized dependants are allowed entry into any commissary with a set of orders dated 1988-1989 and a valid military I.D., (photo I.D. for dependents). The phase out date for the present policy is June 30, 1989, but it looks as though there is a good possibility that things will remain as they are until September 30, 1989. Stay tuned to the Kukailimoku for further details as they become available.

Take the KUKAILIMOKU home
for the whole family!!!

"What Controlled Area?"

by TSGT Robert DeCoster

Ah, the good old days of pulling Dorm Guard duty at Basic training! I didn't mind doing it because I wanted to be an SP, and that's what SP's do. Most of the other people there didn't want to have much to do with security or sentry duties though, because that was the "Sky Cop's" job. Many people still feel this way. WRONG!!!! Security is everybody's business.

The entire HIANG compound, here at Hickam, is designated a "Controlled Area", and all access to and movements by persons within our area must be controlled. If you detect a person whom you suspect may not need to be in the area, or find somebody who obviously does not belong in the area, challenge them. A challenge can be as simple as "Good afternoon, may I help you?" This simple question effectively stops an individual from freely wandering about the area and possibly thwarts any threat or unauthorized access to our resources. In addition, you will also be presenting a professional, courteous image of HIANG to anybody who may simply be looking for a particular office or shop. If you are able, escort them to their destination, or find somebody else who can.

Of course, if during a challenge you encounter an individual who becomes uncooperative or violent, GET ASSISTANCE!!

Attract the attention of a co-worker in the area and have them telephone the Security Police at 449-9444, turn the intruder away from all resources, and escort them out of the area using co-workers for assistance if necessary. Again, everybody should remember that number, 449-9444, that is the phone number for the Security Police Helping Hand notification.

Another precautionary word. Just because somebody is in uniform, even the Security Police, it does not mean they have free access to our area. If there is somebody in your work area that you don't know, challenge their presence. Security is everyone's responsibility.



PHOTO BY CAPT OSSERMAN

"The Spook" is Back!!!

The business jet on our ramp for the past two weeks is really here on "business"! It's a Lear Jet from Flight International, here to give our "fighter jocks" some good electronic warfare training. The crew is stationed in Alaska and is contracted by the Air Force to simulate the "jamming" that a fighter aircraft might expect in combat.

Next UTA June 10 & 11

Pay Notes

Dependent Status Changes

We have noticed that when members submit their biennial AF Form 987, Recertification of Basic Allowance for Quarters (BAQ), dependency changes have not been reported on a timely basis. It is your responsibility to report all dependency changes with a re-accomplished AF Form 594, Authorization to Start, Stop, or Change BAQ, to the Military Pay Office as soon as possible. The following are the most common instances of dependency changes that must be reported:

1. Marriage (Marriage certificate required)
2. Divorce (Divorce decree required)
3. Separation
4. Birth of dependent(s) (Birth certificate required)
5. Death of dependent(s)
6. Unmarried children attaining age 21
7. Spouse enlisting in military, including Reserves
8. Spouse separating from military, including Reserves
9. Individuals other than spouse and children becoming dependents

MAY UTA PAY CHECKS

Pay Checks for May 6-7, 1989 UTA should be dated May 19, 1989.



KUKAILIMOKU

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Pastor's Perspective

by
Chaplain (Capt)
Robert Nagamine



In a meeting I recently attended, it was noted that the list of people tested positive for drug abuse continues to grow. Since the drug testing program began in 1986, there have been several people dismissed from the Air Guard with other than honorable discharges. What really concerns me is that this type of discharge may come back to haunt them later on. When applying for a job, they might find themselves explaining why they received such a discharge. The sad thing about this is above hurting themselves, they may hurt those they care about, their families and friends.

But why do people get involved with drug abuse in the first place? Good question. The answers may vary from person to person, however let's look at some of the common reasons why they may get involved with drugs.

Giving in to pressure from "friends" and/or fellow workers is a common reason. The need to be accepted and be a part of the group is the driving force. But you need to ask yourself, "Does this 'friend' really care about me?" Most times that "friend" may not care or be considering the consequences of you being involved with drugs at all. The point is, if you were to get into trouble, that "friend" won't be there to help you. You'll be facing the "music" on your own. So, hang around your real friends, those who will look after your best interest.

Another reason a person may get involved with drugs is because they misguide their energy. Everyone has energy that needs to be directed in the right way. If someone isn't focussed in on something constructive, then there is a greater possibility for involvement with something destructive. So, harness all of your energy and channel it into some kind of constructive thing like a sport, hobby or interest which will help make you an even better person.

Escape is another common force that motivates drug taking. Many times people have good reasons for wanting to escape from it all. Sometimes life can be overwhelming. That's why some people like to party all of the time, to relieve stress. However, we must find ways to escape that will not defeat us too. So, talk to a friend, go for a drive, see a movie, go fishing or play some golf; but do something beneficial. Finally, remember the helpful prayer: "God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference." If you can't help yourself, find someone who can. If you wish to talk about it, I am available to you for confidential counseling.

Correction:



PHOTO BY CAPT OSSERMAN

The "real" new Air Force Advisor!

In our April issue of the KUKAILIMOKU we misidentified our new Air Force Advisor, so, we'll have to take away Art Hicks' promotion to Lt Col and offer our apologies to Lt Col Mike Reavis.

Happy "Nurses Day", May 6

Hope you Had a good one!!!

For the FAMILY

Have you heard people talking about family support groups? If so, I'm glad, because we are trying to get some support groups going. These groups have the potential of helping many families. Your spouse may want to get involved with one of these groups, so let me give you more information about them.

The Family Support Group is a group of volunteers spouses (or family members) of both enlisted and officer personnel, organized to help support families, particularly when our unit is called to active duty or in other times of personal need.

Each group of at least three members, will decide what it wants to accomplish according to its needs. Here are some general purposes of the group: (1) to increase knowledge among family members regarding the obligations and benefits of Guard members, (2) to create a bonding among Guard families, (3) to create an information and communications network that will assist family members while their spouses are mobilized, on annual training, or on some other type of separation, and (4) to provide feedback to the squadrons on family member concerns and ideas.

Participation in the group requires only a few hours a month to meet and accomplish the things which the group decides is important.

When can your family members sign up? Right now! One of the goals of the group is to be active right away. Call me if you want to sign up or have any questions. ph 449-9153 or 955-3431 or 947-5008.

HNGEA NEWS

By SSgt. Jan DeRego

The Hawaii National Guard Enlisted Association (HNGEA) celebrates 25 years in existence. HNGEA has grown steadily in size, as it develops ways and means to serve its membership and unitedly voice concerns to legislators locally and nationally. All members of the Air and Army National Guard should get involved and become a member of this proud organization.

Last year, the Air Guard closed out its membership with 893 members. That's a terrific number! This year we are in the 2nd quarter of our membership drive with 580 members. Let's keep up the good works to meet our goal of 900 members by August.

MSgt. Wayne Soma, V.P. and his lovely wife Brigit attended the HNGA (Officer's Association) held at the Sheraton Waikiki Hotel, April 15th. He commented by saying, "The food was terrific." Both enjoyed themselves meeting old and new friends. MSgt. Wayne Soma acted in my behalf as President while I was on convalescent leave. My sincerest gratitude goes out to him for a job well done.

I had the honor to attend the Command Sergeant Major (CSM/E9) & First Sergeant Seminar (Army Guard) held at the Pacific Beach Hotel, on April 29. I opened my presentation with a quiz game calling up selected individuals to answer "What is HNGEA?" I then briefed the attendees the works and accomplishments of the organization.

The next HNGEA Council Meeting will be held on May 20 at the 201CCGP Conference Room. The Puali Koa has been circulated within your unit. Do take time to read it. This issue's main topic will emphasize on membership.

The 1989 Scholarship Program committee is accepting applications. TSgt. Carl Simmons, Chairman and his committee will be reviewing all applications after May 31.

The 1989 EANGUS Conference scheduled for August 27-31, 1989 will be held in Reno, Nevada. Members who are interested in attending should contact MSgt. Wayne Soma, Chairman at 449-6986.

1989 VOTER SLOGAN CONTEST

The Federal Voting Assistance Program (FVAP) is launching the 1989 voter slogan contest to increase voter awareness and participation by service members, their families and all U.S. citizens overseas. The winning slogan will appear on posters, voter manuals, publications, and other media materials. The originator of the winning slogan will receive a certificate of recognition from the secretary of defense.

Slogans should be submitted on 8 1/2 X 11 inch paper with full name and mailing address. All slogans must be received by July 31, 1989. You may submit as many slogans as you want on a page.

Further questions concerning this contest, or any other voting related questions may write or call the FVAP at (202) 695-0663 or AUTOVON 225-0663.

TA 291 CONFERENCE HELD HERE

There will be a Table of Allowances (TA) Conference here in the 154 MSS dining hall from 8-12 May. Members attending the conference include representatives from the Air National Guard Support Center (ANGSC), Warner-Robins AFB, other Air National Guard F-15 Units and our own 154 CAMS. The conferees will hash out changes for F-15 support equipment for all Guard units, in both General and Mobility DOC's (Design Operation Capability).

SAFETY NOTES

(Reprinted from "Hawaii Coalition for Safety Belt Use")

AUTOMOTIVE NEWS REPORTS BIG 3 DOMESTIC MANUFACTURERS TO INSTALL AIR BAGS FOR 1990 MODEL YEAR

GM, Ford and Chrysler have told Congress they will equip millions of 1990 model cars with air bags and are in the advance stages of developing passenger side air bags for 1994 models.

GM says it will cover drive side air bags as standard equipment on 13 models and as an option in two others. Chrysler says it will equip all of its 1990 model year U.S. made cars...except Eagle and Imperial. Ford says it will produce 1 million air bag equipped cars, some with passenger side systems.

CONGRESS TOLD SEAT BELT USE HAS REDUCED INJURY CLAIMS

Congress was recently advised that injury claims have been reduced by 5 to 12 percent because of rising seat belt use. The insurance industry, meanwhile is being challenged to "come up with incentives to encourage car buyers to opt for air bags and other safety devices."

TEXAS SEAT BELT LAW CONSTITUTIONAL

The Texas courts recently rejected a constitutional attack against the Texas seat belt law, letting stand the \$35 fine a Houston lawyer was assessed for not buckling up. In a decision citing the lack of a "substantial federal question," the court refused to hear Raymond D. Richards Jr.'s arguments that requiring him to wear a seat belt while driving a motor vehicle violates his fundamental right to be free from bodily restraints.

To drive a car is a privilege for which one must be licensed, not a right. And it has been long established that government, in the public interest, can establish parameters involving one's driving of an automobile.

To date, all constitutional attacks on seat belt laws, in several states, including Hawaii, have failed.

CAMS

News & Views

BY MSGT FRED M. HIGA, JR.



Here I am again!! Boy, seems like it's been only a couple weeks ago that I was writing this KUKAILI-MOKU article. How time flies.....Before I start this month's news, would like to congratulate our CAM Sq Commander, Michael Melich, on his VERY RECENT and well deserved promotion to LIEUTENANT COLONEL. The new silver leaves were presented to him during impromptu ceremonies on 2 May. Again, CONGRATULATIONS and GOOD LUCK to you LTC Melich. Even sounds good.....

Since we're on the subject of promotions, would also like to congratulate the following CAM Sq personnel on THEIR recent promotions:

Peter Espiau (Wpns Loading)	TSgt
Andy Keaunui (Gun Svc)	TSgt
Jason Caires (Surv Equip)	SSgt
Randy Casaquit (Admin)	SSgt

Wear 'em with pride, guys!!!! Good luck goes to SrA Leilani Lim as she leaves the Admin office to take a full time position with our Group Headquarters. She'll be sorely missed by both the Admin office and the Engine shop where she was a temporary hire....Aloha goes to Sgt Chris Williams as he leaves the Training office to start a new life in Virginia.....The welcome mat goes out to AB Randy Solomon as he returned from tech school and joins his comrades of the Weapons Load shop. Also returning from tech school is AB Matthew Vidaurri. He'll be joining his comrades in the Missile shop...Congrats are in order for SSgt Bobby Cabilan and wife Vickie as they welcomed daughter Kristin to the world on Mar 26..Good luck to SMS Gerald Chun as he participates in the Sabre Spirit competition as an 'ICT' judge at Osan AB, Korea, from 9-21 May. Take lots of notes, Gerald...Back from a quickie trip for hands-on-training at Kulis ANGB, Alaska, are SMS Sam Saffery (Quality Assurance), MSG Raymond Bermudez (C-130 NCOIC) and TSG John Cabacungan. They spent 4 days in the cold country learning about the C-130H we will be getting in June. Also returning from 'HOTS' in Alaska were Avionics folks TSG Wescott Lee, SSG Gary Hema & SrA Franklin Ho. No salmon, they say, cause it was 'too cold for fishing!!' Big winner at the 'Old Moose Inn' (Clarion Hotel) was none other than TSG John Cabacungan as he 'won' 213,000 smackeroos, the 3rd highest winner there. No party, huh? A hearty welcome to William Boyer and Kurk Adams as they join the Engine Shop as full time technicians. Good luck to Roy Yamane as he transfers from the Machine shop and goes to the Structural Repair shop...Volunteers are needed to support the American Cancer Bank Nite and the American Cancer Crusade's Jail-A-Thon, call SMS Dick DeVas at 449-1518...The Waimanu Home Clothing

Drive is on again this year. Call SMS Ron Izutsu of the 154RMS at 449-6472 as he is coordinating this year's event...Much mahalo to all who participated in the 'peanut butter & jam' session fund raiser held at the Aloha Tower recently. The project was in support of the Institute of Human Services (Institute for the Homeless) and was a tremendous success...Aloha goes to SMS Glenn Williams and TSG Brent Hagen as they head back to Portland after spending a month here for HOTS. Overheard one of them saying 'all good stuff gotta end!!!' Welcome to Major Frank Noragon, the new Avionics Branch for the Portland ANG, as he is here to get hands-on-training with our Avionics folks. He'll also be attending the TA conference to be held here next week...MSG Ray Bermudez, the C-130 NCOIC, expresses his sincere mahalos to ALL who supported the C-130 flight during their conversion training the last few months. Without the support from Engine shoppers MSG Wally Yara, Sgts Dwayne Fong and George Vinluan, and Flightliners SSgts Eleonore Lawson and Jerry Miyamoto, they would not have had a successful conversion...Much mahalo and good luck goes to SMS Jack Uhrig, our Squadron 1st Sgt, as he takes on a new position as the 1st Sergeant at HQ HIANG. CAM Squadron's loss is HQ HIANG's gain, and we wish Jack all the best. Congrats and good luck goes to MSG Doug Abe as he has graciously accepted the challenge as he takes on the role as Squadron 1st Sgt. Good luck and best wishes to you also.... New Squadron Mobility NCOIC, TSG Ron Ayonon, wishes to welcome TSG Wayne Okabe to the unit and to his office. gang,

CONTINUED ON PAGE 7

OFF LIMITS

The Armed Forces Disciplinary Control Board has placed the following establishments "Off-Limits" to all military personnel in the Oahu area.

Hawaii Natural High 330 Saratoga Street Honolulu, Hawaii	REASON: Selling of Drug Paraphernalia
Nimitz Plaza Liquor 2877 North Nimitz Highway Honolulu, Hawaii	REASON: Selling of Drug Paraphernalia and selling liquor to minors.
Kang's Lounge 534 Olive Avenue Wahiawa, Hawaii	REASON: Drug purchases, robberies, assaults and frequent pa tronization of homosexuals and prostitutes.

All military personnel are prohibited from entering any establishment listed above, unless required by competent authority. Service members, whether in uniform or civilian clothing, found entering or leaving any of these establishments may be subject to disciplinary action. Additionally, service personnel are warned that it is illegal to enter into contract with any business establishment that has been declared "Off-Limits."

CONT. FROM PAGE 6

...ne transferred from the 297th ATC, Barbers Point, and
...nes to us with much experience in the Mobility field... Well
...t's all (or enough) for now, so til next issue, "The mind is like
the stomach. It is not how much you put into it that counts, but
how much it digests."
(author A.J. Nock).....fhiga

PROMOTIONS

Hats off to the following individuals who were promoted
to the ranks shown effective on the dates indicated:

<u>154 CAMS</u>	Effective Date
TSgt. Peter A. Espiau	May 1, 1989
TSgt. Andrew M. Keaunui Jr.	May 1, 1989
SSgt. Jason A.F. Caires	May 1, 1989
SSgt. Randall Casaguit	May 1, 1989
SrA. David A. Oliveira	May 5, 1989
<u>154 MSS</u>	
TSgt. Katherine C. Asato	May 1, 1989
SrA. Debra L. Capelouto	April 28, 1989
<u>154 CES</u>	
SSgt. Kyle R. Kobayashi	May 1, 1989

CHECK SIX

By 1Lt. Stan Hong

Colonel Ritchie "Kuni" Kunichika, 154 Composite Group
Director of Operations, gentleman, fighter pilot and all around good
guy decided to hang up his flight suit (Air Force type that is) and
semi-retire. Yesterday, May 6, 1989 culminated 31 years of flying
in the HIANG for Kuni (As he is known affectionately by all of us).

During his career in the HIANG, Kuni has managed to
connive, finagle, and otherwise snivel 5711 flying hours in 10
different types of USAF aircraft, including; C-7, C-47, T-33, KC-
135, T-39, F-86L, F-102, F-4, and F-15 A/B.

Kuni came to the HIANG in December 7, 1956 as an
Airman First Class transferring from the Naval Reserve. He's been
in the Navy, Air Force (Guard), and now he's going to the Army
Guard as a (heaven forbid) Army Aviator, flying the C-23 Sherpa.
It's been rumored that after his tour as a mud slinger, Kuni's
considering becoming one of the few and proud, a jarhead.

On his days off, Kuni can be found playing twilight at
Leilehua golf course (still 3 putting), or working on his yacht at
the Hickam marina. So Kuni, mahalo for all you've done for
the Guard, you'll be sorely missed by all! Good Flying!

Flash Fighter pilot extraordinaire and all around good guy
Lt. Jeff "Sumo" Namihira weds long time sweetheart Tammy A.
Kaneshiro.

Sumo, former Hilo boy and CAM SQ Navigation Shop
worker (5 years) just got back from F-15 RTU and decided it was
time to tie the knot. Actually, the nuptials were planned years ago

Sumo wanted to wait till he started raking in the dough as a 2Lt.
Sumo brings a wealth of experience to the HIANG and the
Fighter Squadron, 5 years in the Navigation Shop, AP mechanic at
Aloha Airlines, and part owner in a Cherokee airplane.

Jeff and Tammy we wish you both the best in the years
ahead and, "Eh when you goin have house warming party!"

ACTIVE DUTY AND ANG ADOPT DRUG ABUSE POLICY

The March 27, 1989 copy of the Air Force Times reported
in an article written by Col (Ret.) Harry G. Summers Jr. that Lt.
Elizabeth Susan Unger (USN) resigned her commission. Lt. Unger
was court-martialed at the Great Lakes Naval Training Center in
Illinois and found guilty of willfully disobeying an order to provide
a drug-test urine specimen in front of another sailor.

As background, the article stated that Lt. Unger graduated
from the Naval Academy in 1981 as an engineer.

The HIANG has also discharged members for refusing to
provide urine specimens when requested during drug-testing.

In the above incidents the philosophy underlying the
concept of mandatory drug testing in the military was challenged
and found to be legitimate. As a review, the ANG DRUG ABUSE
POLICY IS: "Drug abuse is incompatible with ANG standards of
conduct. The illegal or improper use of drugs by ANG members can
seriously damage physical and mental health, jeopardize an
individual's safety and the safety of others, be detrimental to the
ANG mission, and lead to criminal prosecution and/or discharge."
The policy is intended to maintain standards of behavior, perform-
ance, and discipline for mission accomplishment.

The incompatibility of drug abuse and the standards of
the ANG make it essential that commanders take swift and firm
action against drug offenders. Evidence obtained through
urinalysis or furnished by the member will be used to establish a
basis for discharge. As a rule, discharge for misconduct under
this section will be characterized as Under Other than Honor-
able Conditions. However, discharge cases initiated as a result
of Commander directed urinalysis will be characterized with an
Honorable discharge.

Military members who fail to comply with an order to
provide a urine sample for the drug testing program may be subject
to punitive or administrative actions for failure to obey a lawful
order.

As demonstrated by the Lt. Unger and HIANG cases,
the military is serious about its drug policy and its goal to have a
drug free military.

Remember, don't worry - just SAY NO to drugs.

MENU

SWISS STEAK
RICE
BEANS
SALAD BAR
CAKE

THE 1989 STATE HIANG VOLLEYBALL TOURNAMENT

Hosted By: The 154 Composite Group

DATE: June 24-25, 1989

TIME: 8:00 a.m. - 9:00 p.m.

(Saturday)

8:00 a.m. - 12:00 p.m.

(Sunday)

PLACE: Kekuhaupio Gymnasium

(Kamehameha Schools)

Both HIANG Groups (154 & 201) are encouraged to participate in organizing teams in the Open Men, Women and Mix Divisions. It's a tournament you don't want to miss. See any of the respective tournament committee members for more information.

TOURNAMENT COMMITTEE:

SSgt. Jan DeRego, 448-0602

MSgt. Wayne Soma, 449-6986 (Women)

TSgt. Eddy Compoc, 449-7798 (Mix)

TSgt. Alvin Naumu, 449-1914 (O/Men)

SSgt. Russel Campos, 449-9210 (O/Men)

REMINDER.... Team rosters are due to TSgt. LARRY KAULEINA-MOKU 154 CAMS (Engine Shop), May 30, 1989.

State Basketball Tournament

The HIANG State Basketball Tournament will be held on May 13-14 at the Fort Ruger Gym. First game starts at 8:00 a.m. The teams that will be participating in this year's tournament are, Oahu district champs CAM "C", CAM "A", CAM "B", 169 ACWS, 291 CCSQ (Hilo), 292 CCSQ (Maui) and the 154 SPF.

We would like to invite all to come and cheer on the teams.

WOMENS VOLLEYBALL

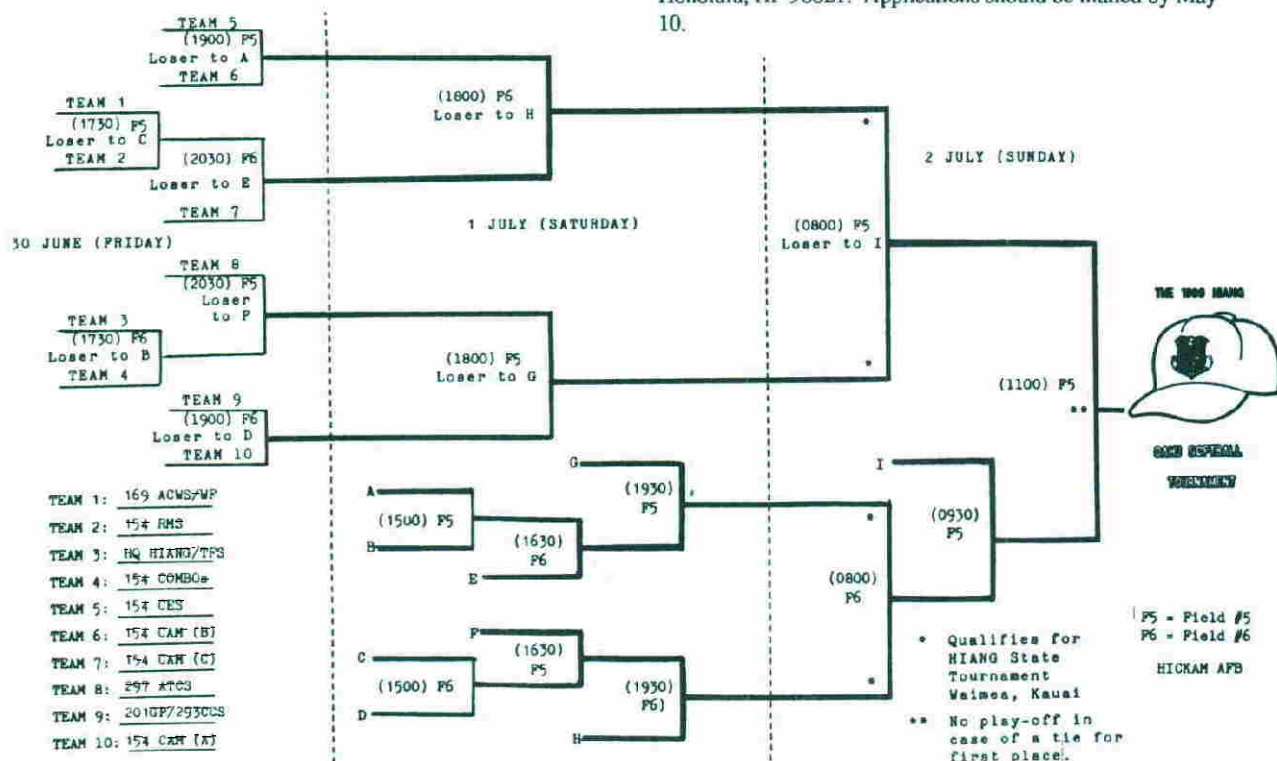
HISTORY MAKING.....All female volleyball players who are interested should show up at Radford High School Gym 7:00 p.m. on Monday May 8, and every Monday after that. The first session will cover the basics of volleyball and an initial briefing for the June 24 HIANG Volleyball Tournament. For further information, contact MSgt. Wayne Soma - 449-6986.

ESGR GOLF TOURNAMENT

The Employer Support of the Guard and Reserve's (ESGR) Third Annual Golf Tournament will be held on May 25. Tee off time will be at 11:00 a.m. at Leilehua Golf Course in Wahiawa. Tournament is limited to the first 64 entries received.

Entry fees are: U.S. Army Support Command Hawaii - \$25, Guard/Reserve - \$30, and Civilian - \$50. Fees include green fees for non-members' share of cart, buffet dinner and refreshment.

For application or for more information call or write Dick Hong: 373-4933 (after 6:00 p.m.), 1618 Kuhilani St., Honolulu, HI 96821. Applications should be mailed by May 10.



NCOA Bank Night

The Air National Guard NCOA Graduate Association needs volunteers for the Cancer Society's Annual Bank Night. Two volunteers are needed for each of the listed locations on Tuesday, May 16 from 5:30p.m. to 9:00p.m.

Locations: BANK OF HAWAII at

1. AIEA - Aiea Shopping Center
2. HAWAII KAI - 7192 Kalaniana'ole Hwy
3. KAHALA - Kahala Mall
4. KAIMUKI - 3600 Wai'alae Ave.
5. KEEAUMOKU - 1451 S.King St.
6. Wahiawa - 634 California Ave.
7. Waianae - 86-015
8. Waipahu - 94712 Farrington Hwy.

PLEASE CONTACT: Gay Ross (Engine Shop) 449-5545
Melvin Ige (Engine Shop) 449-5545



U.S. Air Force FIT FOR FREEDOM RUN

sponsored by
Hickam Morale, Welfare and Recreation

5K (3.1 miles)

Saturday, May 20, 1989
7 a.m. Start
Bldg. 1120 (Memorial Gym)
Hickam Air Force Base, Hawaii

Entry Fee: Adults \$7.50
Children (under 12) \$5.00



All participants will receive a T-shirt. Sign up by May 12, 1989 to guarantee having a shirt on the day of the race. Late entrants will receive their shirts within two weeks after the race.

Lucky Drawings! Refreshments!

Prizes for Largest Family and

Largest Squadron Participating (% of menning)

Turn in entry form to Hickam Memorial Gymnasium or mail to 15 ABW/SSRS, Hickam AFB, HI 96853. Make checks payable to: CBF. Call 449-6686 for more info.

Name _____
Last First
Organization _____ Rank _____
Home Phone _____ Work Phone _____ Age _____
Shirt Size Adult Sm Med Lge XLge
Youth Sm Med Lge
Signature _____ Date _____

15 ABW/SSRS Expires 21 May 1989



HAWAII MILITARY WEEK

MAY 15 - 21

WE ARE FAMILY

Armed Services Committee / Military Affairs Council

of
The Chamber of Commerce of Hawaii

SALUTE

The Armed Services Community for their
Contributions to the State and People of Hawaii

Monday, May 15,

PROCLAMATION CEREMONY

State Capitol Rotunda, 2-3 pm; Open to the public
Featuring: Hawaii National Guard's Ceremonial Royal Guards,
Single Service Joint Color Guard, Royal Hawaiian Band,
Hula Mahealani Oiana A'i

Sponsor: Bank of Hawaii

Wednesday, May 17,

HAWAII COMBINED MILITARY BAND CONCERT

WABAND SHELL, 7-9 pm (gates open at 5)
Featuring: band members from: FMFPAC, CINCPACFLT, 25th Infantry Division, PACAF/Japan
Guest appearance by: Jimmy Borges, Carole Kay MC

FREE ADMISSION (18+coolers allowed; no alcoholic beverages, please)

Sponsor: GTE Hawaiian Tel

Friday, May 19,

PARADISE COVE LUAU - Campbell Estate, Ewa Beach, 6-9 pm

Admission includes: live Hawaiian music, arts and crafts demonstration,
royal procession, Hula, a Polynesian show and buffet dinner.
General admission tickets sold at: House of Music: Ala Moana & Kahala Mall
Military tickets sold at: Bloch Arena, Camp Smith, Coast Guard Base, Hickam Air Force,
Schofield Barracks, Kaneohe MCAS and NAS Barbers Point special services desks
Sponsors include: Alexander & Baldwin Inc., Eagle Distributors, Estate of James Campbell,
Hawaiian Electric Company Inc., Kapikani Health Care System, Thera Devices,
The Queen's Health Plan, The Food Group, Nissan Corporation of Hawaii Ltd.

Sunday, May 21,

AT&T PANIOLLO DAY AT WAIMEA FALLS PARK - 11 am - 4 pm

Admission includes: Waimea Falls Park entry and tour, buffet luncheon,
KOEKOE singers and dancers show and SCIS Cook off contest.
General admission tickets sold at: House of Music: Ala Moana & Kahala Mall
Military tickets at: Bloch Arena, Camp Smith, Coast Guard Base, Hickam AFB,
Schofield Barracks, Kaneohe MCAS and NAS Barbers Point special services desks
Sponsor: AT&T

YOU ARE CORDIALLY INVITED

150th ACWS
Ahi Tournament
21-23 June 1989

HNGA CONCERT

The Hawaii National Guard Association needs your support to make it's first concert on July 2, 1989 a success. All Hawaii National Guard officers and enlisted personnel are invited to participate in a ticket sales contest. First prize is a trip for two to Kauai, compliments of Oahu Travel, which includes plane fare, an overnight stay at the Poipu Sheraton, and rent-a-car. Second prize is a trip for two to an island of your choice, sponsored by Hawaiian Airlines. Third Prize is two \$20.00 concert tickets, sponsored by HNGA.

For more information, see your unit supervisor for details.

Attention All Trainers!

Do you require Visual Information materials or products to enhance your training program. Call the VI librarians @ 449-9374. We can help you research available Training Aids.

JOB VACANCIES

The benefits we receive from the Air Guard such as BX/Commissary privileges, tuition assistance etc. are many and sometimes forgotten. Remember what the Air Guard has done for you, the training you have received, opportunity for travel and the friendships you've made. I am sure each and every one of you know someone who could benefit by membership in our truly outstanding organization. So, if you do know of someone and require assistance in explaining the Guard program, drop by or give us a call, your recruiters at 449-5601. The following list represents some areas where vacancies currently exist.

1. Aircraft Armament Systems Specialist- Bonus eligibility
2. Munitions/Armament Systems Specialist -Bonus eligibility
3. Medical Services Specialist
4. Aircraft Fuel Systems Mechanic
5. Services Specialist - Bonus eligible.

KUDOS

Congratulations to AB Mary Locquiao of the Mission Support Squadron who was an honor graduate of the Apprentice Inventory Management Specialist Course at Lowry Technical Training Center, Colorado. The HIANG is proud to have her as a member and we all welcome her into the guard.

PROMOTIONS

Hats off to the following individuals who were promoted to the ranks shown effective on the dates indicated:

<u>154 CAMS</u>	Effective Date
TSgt. Peter A. Espiau	May 1, 1989
TSgt. Andrew M. Keaunui Jr.	May 1, 1989
SSgt. Jason A.F. Cairns	May 1, 1989
SSgt. Randall Casaquit	May 1, 1989
SrA. David A. Oliveira	May 5, 1989

<u>154 MSS</u>	
TSgt. Katherine C. Asato	May 1, 1989
SrA. Debra L. Capelouto	April 28, 1989

<u>154 CES</u>	
SSgt. Kyle R. Kobayashi	May 1, 1989

Deadline for KUKAILIMOKU SUBMISSIONS IS 1200 Hrs on UTA Saturday!

SHOTLINE

BY 1LT ADELE ARCANGELI

Welcome back to the Tactical Hospital Major Joe Fadrowsky. He will be working with the administration section. We would also like to take time to thank our full-time technicians, SMSgt. Shimabukuro, SSgt. Higa and Sgt. Vendiola, who work so hard to make the UTA weekends go smoothly.

NOTICE: "Sick Call", as such, is not an authorized function of Air National Guard medical units. Medical treatment authorization for Air Reserve and Air National Guard personnel is elucidated in AFR 168-6, Aitch 9. Unless injured or acutely ill while on military duty, a traditional, drill status Air National Guard member's entitlement to non-emergency treatment is "limited to only that necessary for the prevention of pain or undue suffering until the member can reasonably return to the control of a civilian physician, dentist, or a civilian medical facility." Only AGR members and members on active duty tours in excess of 30 days are entitled to routine non-emergency military or active force approved/sponsored civilian medical care. If you have an emergency during UTA, please report to the Hospital Annex (Old Simulator Room).

HEALTHFUL HINT: The way to a man's heart is still through his stomach...but the old saying has taken on a second meaning: the food you eat can endanger your heart of protect it. The typical American diet is rich in eggs (which are high in cholesterol), meats, butter, cream and whole milk (which are high in animal "saturated" fats). These foods tend to raise the level of the cholesterol in the blood, and high blood cholesterol level contributes to the development of atherosclerosis (a form of hardening of the arteries). Atherosclerosis is the condition that underlies most heart attacks. To control your intake of cholesterol-rich foods: Eat no more than 3 egg yolks a week, limit your use of shrimp and organ meats to control the amount and type of fat you eat, use chicken, turkey and veal, avoid deep fat frying, restrict your use of fatty luncheon meats like sausages and salami, and use margarines instead of butter. Remember if you are not concerned with your diet, everything may go to pot.- American Health Association

DENTAL NOTE: Recent advances in home dental health products have greatly improved our ability to control plaque levels in our mouth. I personally use the following:

1. Waxed Dentotap- a wider variety of floss that is much easier to handle.
2. A stiff toothbrush to brush my tongue (the microscopic folds in the tongue harbor germs that grow rapidly and can also cause bad breath).
3. Interplak - a cordless electric toothbrush that appears to be the most effective device available today at the BX for \$80.00
4. Stannous Fluoride gel (0.04%) can be obtained from your dentist (used on the interplak instead of toothpaste).

Use of the above 4 items will probably improve your dental health and minimize your chances of getting decay and gum disease. Call me at the dental clinic if I can be of assistance. Lt.Col. Lloyd Uto, ext. 7758.